



# 2023

## Nursing Annual Report

Rose nurses are a team like no other,  
changing lives like no one else can.







Above all else, we are committed to the care and improvement of human life.

# Organizational Overview

Well known as a Denver institution and a 9th Avenue landmark since its founding in 1949, Rose Medical Center has earned its reputation as Denver’s “Baby Hospital” while becoming a leader in comprehensive women’s care through the establishment of Rose Women’s Hospital. Comprehensive care in orthopaedics and total joint replacement, heart and vascular care, weight-loss treatment, cancer care, surgical services, internal medicine, behavioral health, and emergency care are also pillars of the quality services provided at Rose.

Rose is a Magnet® designated hospital, a rare achievement that recognizes rigorous standards for nursing excellence. Rose received multiple accolades in 2022: named as a 100 Top Hospital® by IBM-Watson Health for 15 years running; Healthgrades 2022 America’s 250 Best Hospitals Awards; a Denver Post Top Workplace for eight years straight, an honor earned by the votes of its employees.

In addition, Rose’s quality is unmatched. Rose is one of 23 hospitals in the nation — and the only hospital in Colorado — to have received straight ‘A’ grades from the Leapfrog Hospital Safety Grade program since 2012 and Rose maintains a five-star rating from CMS’s prestigious Hospital Compare program.

Below: Rose Medical Center



Above: Mom/Baby nurses who are soon to be moms with babies!

## 2022 Fast Facts

**11,400**  
Admissions

**971**  
ICU  
Admissions

**4,430**  
Deliveries

**536**  
NICU  
Admissions

**2,363**  
Inpatient  
Surgeries

**9,403**  
Outpatient  
Surgeries

**4,550**  
Cath Lab  
Procedures

**39,024**  
ER Visits

**46,703**  
Outpatient  
Visits

**4,703**  
Observation  
Visits

## Nurses are the Differntiator

**549**  
Registered  
Nurses

**88.5%**  
Percentage of Nurses  
with Bachelor’s  
Degree or Higher

**47.2%**  
Percentage of Nurses  
(with two or more years’  
experience) with  
Specialty Nursing  
Certification





# Transformational Leadership

Inspiring, Challenging, and Stimulating Extraordinary Outcomes

**A Lifetime of Commitment:** Rose Medical Center is an outstanding place to work. The following nurses have called HCA Healthcare home for over 25 years. Thank you for your service and dedication to outstanding patient care.

- Kathleen Garrity**, Three Central - 25 years of service
- Rose Harris**, Pre-Admission Testing - 25 years of service
- Annalisa Reeves**, Labor & Delivery - 25 years of service
- Kathleen McDonnell**, ASC Recovery Room - 25 years of service
- Pensopa Kosmiski**, Ortho/Spine - 26 years of service
- Mary Jefferson**, Post Anesthesia Care Unit - 26 years of service
- James Farquhar**, Endoscopy - 26 years of service
- Diane Lynch**, Cardiac Rehab - 26 years of service
- Suzanne Nash**, Ortho/Spine - 27 years of service
- Kelly Gray**, ICU - 27 years of service
- Nancy Gillogly**, Pre-Admission Testing - 27 years of service
- Mini Nguyen Gonzales**, Five Central - 28 years of service
- Kathie Kemp**, Six North Suites - 30 years of service
- Melinda Shively**, Intensive Care Nursery - 30 years of service
- Renee Klamut**, Esophageal Pelvic Center - 30 years of service
- Karen Klemm**, Six North Suites - 31 years of service
- Theresa Stafford**, Three Central - 31 years of service
- Karen Jobin**, Lactation - 31 years of service
- Lori Lucas**, Nursing Administration - 32 years of service
- Jennifer McKay**, Intensive Care Nursery - 32 years of service
- Debra Warntjes-Colagr**, Intensive Care Nursery - 32 years of service
- Cheryl Gray**, Intensive Care Nursery - 32 years of service
- Gwyn Christoffels**, Intensive Care Nursery - 32 years of service
- Janine Lepore**, Risk Management - 35 years of service
- Ellen Ahlers**, Intensive Care Nursery - 37 years of service
- Linda Devendorf**, Case Management - 37 years of service
- Joellen Trojan**, Operating Room - 39 years of service
- Marianne Erbert**, Ortho/Spine - 40 years of service
- Lori Frank**, Pre-Admission Testing - 42 years of service
- Polly Rose**, Cardiac Rehab - 42 years of service
- Maureen Murphy**, Quality Management - 45 years of service
- Dotti Ulrich**, ASC Recovery Room - 57 years of service



Dotti Ulrich, RN celebrated her 57-year anniversary with Rose. Dotti is our longest-tenured colleague and is beloved by her teammates and all of us at Rose. She met her husband at Rose and had 4 Rose Babies here. Dotti, you are a true inspiration and “thank you” does not cover our gratitude for you!



The “Three Musketeers:” Cheryl Gray, Jennifer McKay, and Debbie Colagrosso all started in the NICU on August 6, 1990 and never left. Over the years they have seen plenty of change, including a nurse-designed NICU for more family-based care.



Above: Kathy Kemp, RN



Above: Lori Lucas, RN



Above: Renee Klamut, RN



Above: Jody Trojan, RN



Above: Melinda Shively, RN



Above: Ellen Ahlers, RN



Above: Karen Jobin, RN



Above: Kathleen McDonnell, RN



Above: Mary Jefferson, RN



# Building Leaders From Within



Above: Valerie Hartford, Director of Women's & Children's Services

**Valerie Hartford**  
Director of Women's & Children's Services

Valerie Hartford started at Rose as a New Grad nurse on Mom/Baby in 2017 after having her own Rose babies. Soon after, she cross-trained to different roles within Women's including Transition/Nursery.

In late 2018, she became a CNC on Mom/Baby and moved from night shift to days in 2020. In 2021, she expanded her skill set as she cross-trained to House Supervisor and completed the Board-Certified Rose Leader program. Knowing that she wanted to take on a leadership role, she applied for and became the Manager of Mom/Baby in 2022.

Shortly after her promotion, she stepped up and filled in as the Interim Director of Women's and Children's Services and accepted the role permanently in fall of 2022. Her insights from the different roles she has had make her a great leader and an asset within the Rose nursing family.



Above: Jenn Harlan, Director of Telemetry

**Jennifer Harlan**  
Director of Telemetry

When I was in nursing school at CU Denver, I completed two of my rotations at Rose. After that, I knew Rose was the hospital for me. I didn't even apply anywhere else! While I was still in school, I got hired as a CNA into the float pool. I worked PRN on nights for one year until graduation. At that point, I got hired as an RN on the Telemetry Unit (4 Central). I worked nights for three years, and spent that time honing my clinical skills, precepting students and new grads, and training in as relief charge.

After three years on nights, I decided it was time to come to day shift. I worked days for a year and a half until I realized night shift was in my blood! I transitioned back to nights at the same time I was promoted to the role of CNC. I stayed in the CNC role for only about 6 months. The manager of the unit at that time got an internal promotion, and I was sought out to step in as the interim manager. So, back to day shift I went! I spent one year in the interim role before interviewing and being offered the permanent role of Director of Telemetry, a role I've held for almost five years now!



**Congratulations to our newest Nursing Leadership Certificate graduates! Engaged, thoughtful, energized, inquisitive and overall a great group of nurse leaders!**



**Strategic Planning - Rose nursing leaders align the nursing vision and strategy across the organization.**



**Celebrating nurses' week by dressing up like Florence Nightingale – Karen Biffinger, Katy Kelsey, Laura Thornley, Brenda Pearson, Angela Milano, & Nina Huffer**



# Structural Empowerment

Supporting Nurses to be Outstanding Clinicians and the Best in their Field

**StaRN Residency for New Graduate Registered Nurses:** The StaRN Residency allows new graduate nurses to obtain experience through intensive training and transition to staff nurse roles within the nursing departments at Rose Medical Center. **StaRN and New Graduate Residency 2022 Participants:**

<b>Kelsi Somerville, RN</b>	<b>Bridget Gennarelli, RN</b>	<b>Dana Gaetani, RN</b>	<b>Brittany Bellamy, RN</b>
<b>William Martchenke, RN</b>	<b>Jana Baker, RN</b>	<b>Stacey Tidwell-Harrigan, RN</b>	<b>Alexis Becker, RN</b>
<b>Carrie “Shirley” Crocker, RN</b>	<b>Esmerelda Campos, RN</b>	<b>Lacey Smith, RN</b>	<b>Corey Beck, RN</b>
<b>Tiffany Lau, RN</b>	<b>Chantel Bell, RN</b>	<b>Jamie King, RN</b>	<b>Cambria Gorman, RN</b>
<b>Sabrina Yebra, RN</b>	<b>Sophia Gayton, RN</b>	<b>Stephanie Sandoval, RN</b>	
<b>Yooree Choi, RN</b>	<b>Brynn McChesney, RN</b>	<b>Danyelle Gilbert, RN</b>	
<b>Linda Hansen, RN</b>	<b>Vanessa Garduno, RN</b>	<b>Makayla Roberson, RN</b>	

Below: 4 Central StaRNs



Above: StaRNs participated in the Rose Fall Escape Room

**EDGE Program - Emergency Department Residency for Experienced & New Graduate Nurses:** The EDGE Program is a paid, 5-month training program for registered nurses within HealthONE who want to transition to the Emergency Department (ED). **EDGE Program 2022 Participants:**

**Caitlin Brant, RN** **Megan Silvia, RN**

**PONI Program - Perioperative Nurse Residency for Experienced & New Graduate Nurses:** The PONI Program is a paid, 5-month training program for registered nurses within HealthONE who want to transition to perioperative nursing. **PONI Program 2022 Participants:**

**Katherine Holmes, RN** **Haley Sobczyk, RN**  
**Nathaniel Shuman, RN** **Meg Vassallo, RN**

**LADI Program - Labor & Delivery Residency for Experienced & New Graduate Nurses:** The LADI Program is a paid, 5-month training program for registered nurses within HealthONE who want to transition to Labor & Delivery (L&D) nursing. **LADI Program 2022 Participants:**

**Izzy Chelini, RN** **Kristen Lipcsey, RN**  
**Madalyn Fresquez, RN** **Emily Miller, RN**  
**Marissa Gregory, RN** **Sarah Nelson, RN**  
**Skylar Hatfield-Grady, RN** **Erica Pollack, RN**  
**Jordan Healy, RN** **Bailey Rojewski, RN**  
**Kaitlyn (Katie) Kropp, RN** **Mayson Tranter, RN**  
**Jenna Lingold, RN** **Emma Velie, RN**



# Preceptor Appreciation

Nurse preceptors have the unique task of introducing nursing students, novice nurses, and experienced nurses to new clinical settings. Through a collaborative relationship, these amazing preceptors are able to educate students and prepare newer nurses on best-practice for a successful beginning to their career. Rose nurses have put a lot of time and energy in preparing their peers with the same excellence they exemplify in their own practice. We would like to recognize some of these preceptors.

## Nurses with 250+ hours of precepting in 2022:

**Allison Barker**, Labor & Delivery  
**Miranda Barnard**, Three Central  
**Madelyn Barr**, Intensive Care Nursery  
**Hayley Barrett**, Well Baby Nursery (Rose Certified Preceptor)  
**Cynthia Bass**, Post Anesthesia Care Unit  
**Kathleen Beimford**, Cardiac Cath Lab (Rose Certified Preceptor)  
**Allison Brajcich**, Labor & Delivery  
**Haley Brink**, Intensive Care Nursery  
**Taylor Bullard**, Five Central  
**Dianne Callaghan**, Emergency Service  
**Isabella Chelini**, Labor & Delivery  
**Marta Cicero**, Labor & Delivery (Rose Certified Preceptor)  
**Cassi Courkamp**, Emergency Service  
**Katherine Davenport**, Three Central  
**Cristina Diez Bopp**, ICU  
**Brian Dion**, Operating Room (Rose Certified Preceptor)  
**John Donatelli**, Emergency Service  
**Kristie Donnelly**, Three Central  
**Jennifer Dufour**, Labor & Delivery  
**Jasmin Eastman**, Labor & Delivery  
**Riley Fenster**, Emergency Service  
**Madeleine Fey**, Emergency Service (Rose Certified Preceptor)  
**Bridget Gennarelli**, Intensive Care Nursery  
**Kristin Hesse**, Three Central  
**Christiana Heywood**, Intensive Care Nursery  
**Ellen Hoogerwerf**, Labor & Delivery (Rose Certified Preceptor)  
**Emily Hunt**, ICU  
**Rachel Judson**, Three Central  
**Natalee Killpack**, Float Pool  
**Heather Kirby**, Float Pool  
**Alexandra Kosmiski**, Ortho/Spine  
**Christina Larson**, Labor & Delivery  
**Tiffany Lau**, Ortho/Spine  
**Isaac Laughbaum**, Emergency Service  
**Jenna Lingold**, Labor & Delivery  
**Nancy Lopez**, Float Pool (Rose Certified Preceptor)  
**Nicole Loughrey**, ICU  
**Brynn McChesney**, Four Central

**Amy McDaniel**, Three Central  
**Jayne Minetree**, Emergency Service  
**Laura Mitsuyama**, Three Central (Rose Certified Preceptor)  
**Emily Moats**, Labor & Delivery  
**Theresa Morgan**, Intensive Care Nursery  
**Krystal Nguyen**, Labor & Delivery  
**Sarah Parker**, Labor & Delivery (Rose Certified Preceptor)  
**Sarah Richardson**, Labor & Delivery  
**Lauren Rucker**, Three Central  
**Stephanie Sandoval**, ICU  
**Claire Schaefer**, Intensive Care Nursery  
**Alyson Schmit**, Labor & Delivery  
**Karine Semczuk**, Cardiac Cath Lab  
**Lucinda Shore**, Three Central  
**Maria Simon**, Three Central  
**Amy Singleton**, Labor & Delivery  
**Melissa Skalisky**, Ortho/Spine (Rose Certified Preceptor)  
**Kathryn Stewart**, ICU  
**Kathryn Surgner**, Five Central  
**Bonita Thistle**, Intensive Care Nursery  
**Tetiana Vietrova**, Five Central (Rose Certified Preceptor)  
**Danielle Willard**, Well Baby Nursery  
**Sabrina Yebra**, Four Central

Below:: RN Clinical Scholar, Nancy Lopez, with Regis Students





# Rose Nurses are Lifelong Learners

Rose is committed to supporting nurses to pursue advanced education and professional development.

## 2022 Total RMC Contributions:

**\$122,898**

Tuition  
Reimbursement  
for RN's

**\$56,771**

Student Loan  
Forgiveness  
for RN's

**\$64,500**

Professional  
Certifications  
for RN's

## Rose Supports Continuing Education Through Scholarships.

### 2022 recipients:

**Liz Hill BSN, RN (Float Pool)**  
**Isaac Laughbaum RN (ED)**  
**Ellen Hoogerwerf BSN, RN (L&D)**

**Cassie Troxel BSN, RN (5 Central)**  
**Jayne Minetree BSN, RN (ED)**

# Shared Governance at Rose Medical Center

Rose was one of the first hospitals in the nation to adopt Shared Governance in 1982. As a result, working together as a team is deeply embedded in our culture. In 2022, Rose restructured its Shared Governance. The following are some highlights:

### Clinical Nurse Coordinator Council (CNC)

The purpose of the CNC meeting is for all the CNC's to be able to get together and work on their development and engage in meaningful discussions/educational activities that they can bring back to their teams to help develop them. **Some highlights from last year:**

- Regrouped as a team and reevaluated what CNCs wanted from the meeting
- Introduced discussion panels
- Completed the Emergenetics profile and used the results as the foundation for a development activity
- Introduced a CNC book club where all CNCs read the same book and every unit presents on a section/chapter.



Above: Celebrating Nursing Excellence Awards

### Professional Nursing Practice Council (PNPC)

The purpose of the PNPC is to support nursing professional practice accomplished through rewarding and recognizing our extraordinary nursing teams, identifying and highlighting top performers, promoting colleague-to-colleague recognition, and supporting research and evidence-based practice. **In 2022 PNP accomplished:**

- Revamped Daisy award program with new QR code posters in all patient rooms and Daisy nurse leader award
- Sponsored Nursing Excellence ceremony during Nurse's Week
- Selected 5 Nursing Scholarship winners
- Selected 6 nurses to attend Magnet Conference

### Nurse Peer Review Council (NPRC)

NPRC provides a venue for nurses and/or other clinical colleagues from all areas of the facility to collaborate on case reviews, track/trend nursing practice issues, and drive outcomes. **In 2022 NPRC accomplished:**

- Reviewed 29 cases
  - Referred 2 cases to physician peer review committees
  - Sent 6 individual letters
  - Two BIG reward cards
- 1 case findings referred to UBC for follow-up
- Individual education completed with many nurses



Above: Liz Hill



Above: Isaac Laughbaum



Above: Cassie Troxel



Above: Jayne Minetree



Above: Ellen Hoogerwerf

Below: Team building with the CNCs





# Exemplary Professional Practice

High Quality Care and Collaboration Resulting in Great Patient Outcomes

## Awards & Accolades



Denver Post Top Workplace  
(8 years in a row)



Accreditation by  
The Joint  
Commission



Magnet  
Designated  
(since 2017)



Merative Top 100  
Hospital  
(14 years in a row)



Healthgrades  
America's 250  
Best Hospitals  
(3 years in a row)



CMS Five-Star  
Recipient  
(3 years in a row)



4.6 Star  
Google Review  
(Over 3,100 reviews)



#1 NICU in HCA  
2019, 2021



HCA Unit of  
Distinction  
Ortho/Spine 2021



From the LEAPFROG  
Group since 2012



MBSAQIP Accredited  
Bariatric Center



ACC Heart Care  
Center Accreditation



ACC Atrial Fibrillation  
Accreditation



ACC Cardiac Cath  
Lab Accreditation



ACC Chest Pain  
Center Accreditation



Best Hospital in  
Colorado  
(5 years in a row)



Colorado Parents  
Magazine Best Birth  
Center (2 years in a row)



Maternal & Infant  
Care Quality  
Champion



Newsweek Best  
Maternity Hospitals  
2020



Stroke, Hip/Knee,  
Spine, & Shoulder

## Unit of Distinction

The HCA Healthcare Unit of Distinction awards were created in 2015 to acknowledge and celebrate hospital departments that define excellence in nursing indicators and departmental performance.

Rose Medical Center was proud to earn two HCA Unit of Distinction designations!

**Our NICU is a two-time WINNER, being ranked #1 in the country in 2019 and 2022. And our Ortho/Spine unit was named an honorable mention.**



## Labor & Delivery 5 Star Rating

Each year, Healthgrades analyzes the quality of care of patients during and after childbirth, and for the most common gynecologic procedures at U.S. hospitals. Patients who deliver or have gynecologic procedures at Rose Medical Center have a lower risk of experiencing a complication during their hospital stay.

**Congratulations Rose Labor & Delivery on your 5-Star Rating!**





# Outstanding Quality Outcomes

Take a look at some of our major accomplishments during 2022.

We received our **second consecutive Magnet designation** and the **Advanced Orthopedic Certification from the Joint Commission**. In addition, we were awarded **18 Healthgrades awards**, a record for any hospital in HealthONE!

Our **patient experience scores** are a Continental Division best at the 87th percentile and we are **#1** in the division (and top 10% in HCA) for quality and patient safety. This includes a 46% reduction in CAUTI SIR, a 25% reduction in CLABSI SIR, and a 27% reduction in PPH year over year.

We know that staffing is at the forefront of everyone’s minds, and because of this, we onboarded more colleagues this year than any year in recent history. **We saw 256 new faces join us in 2022.**

We made some **significant capital purchases** this year to help ensure that you have what you need to provide the high-quality care that our community has come to expect from Rose. A couple highlights include a new EKG machine in SRD, a pupilometer for ICU, and much more.

Because of your feedback, we have implemented a **dedicated safety, security, and violence prevention team**. This team is made up of 12 leaders that meet weekly to progress these initiatives. Our goal is to have the safest environment possible to provide care to our community.

**You are our most valuable asset**, and your physical and emotional wellness is one of our highest priorities. We hope you have taken advantage of our direct-to-you **massage therapists** and our **new weights and kettle bells** in the colleague gym. Also, don’t forget about our **Inside Out Support Group** that was developed to help those of you who are experiencing burn out.

Images (Top to bottom): Top: New Colleague Orientation; Quality Team Celebrating Outstanding Outcomes; Celebrating Magnet Re-designation; Bottom Left: SRD EKG Machine; Bottom Right: Wellness Walks



Above: Rose Women’s Hospital is a Family Favorite



Above: Excellence in Gastro



Above: Cath Lab Team Celebrates



Above: 5 Stars for the ICU



Above: ED Stroke Team



# New Knowledge, Innovations, & Outcomes

Achieving High-Quality, Effective, and Efficient Care through Research and Evidence-Based Practice

## Annual Poster Fair

The 2022 Evidence Based Poster Fair highlighted exemplary outcomes achieved by our clinical teams. This how we provide care better at RMC!

## Decreasing the Postpartum Hemorrhage Rate

Presented by **Leah May** DNP, RNC-MNN, C-ONQS, CLC

## Registered Nurses' Knowledge of Postpartum Depression

Presented by **Leah May** DNP, RNC-MNN, C-ONQS, CLC

## Code Blue Review, Works!

Presented by **Elisabet Harms** DNP, RN, CMSRN, CNEcl

## One Good Turn Deserves Another

Presented by **Crystal Choi** BSN, RN and **Sabrina Yebra** BSN, RN, PHN

## Chill Out: The Reduction of Narcotics with Ice Therapy

Presented by **Lacey Smith** RN; **Dana Gaetani** RN, and **Stacey Tidwell** RN

## Have You Passed Gas Yet?

Presented by **Tiffany Lau**, BSN, RN

## A Culture of Patient Safety through Infection Prevention

Presented by **Monica Wining** MHA, BSN, RN, CCRN and **Erin Jenkins** MPH, BSN, RN

## Delayed Bath for Newborns

Presented by **Carrie Shirley** RN; **Kelsi Somerville** RN, and **Bill Martchenke** RN

## Comparing Padding Options in Positioning the Patient During Surgery

Presented by **Christina Canepa** RN & **Katie Holmes** RN

## The Spinning Babies Method

Presented by **Christine Uphoff** RN & **Izzy Chelini** RN

## Improving Cardiac Rehab Referrals Post-PCI

Presented by **Karine Semczuk** BSN, RN, CCRN-CSC; **Maureen Miller** MSN, RN, CCRN-CMC, CHFN, CNEcl, CVRN-BC; **Andrew Burke**, BS, RCES, RCIS, and **Polly Rose** RN, CVRN-BC



Above: Celebrating the Annual EBP Poster Fair



Above: Best in Show - Karine Semczuk, Andrew Burke, and Polly Rose with Laura Thornley and Karen Biffinger (not pictured: Maureen Miller)

Below: The Fall Prevention Escape Room was created to better understand causes of falls in hospitals and how to prevent falls from occurring. The activity highlights key factors and trends associated with falls and allows staff to work through solutions to reduce the likelihood of a fall happening



## Don't be a Dodo: Keep your practice up to date

Do you know what a Dodo Practice is? It's a practice that we carry out without any evidence supporting its use in clinical care.

The Research and Evidence-based Practice Council created this fun and unique contest to identify practices that should, "Go the Way of the Dodo!"

These are outdated practices that should be sent to extinction because a more effective and evidence-based solution is now available and should be adopted.



Above: Maureen Miller (Cath Lab RN) wondered why there is no "hard stop" for completing the BCTA pre-transfusion checklist prior to transfusing blood.



Above: Marie Woods (Vascular Access RN) identified a couple practice areas to improve related to vascular access.



# Relationship Based Care

Caring for oneself, colleagues, and patients

## Peppi to the Rescue!

As part of our dedication to colleague wellness and an investment in development, Rose Medical Center was proud to host our very own Dr. Susan Ryan, Peppi (therapy dog in training), and other Canine Companion for Independence puppies as part of our Learn & Lead series for our colleagues. Dr. Ryan presented on post-traumatic stress in first responders in healthcare and attendees were able to snuggle with four-legged friends! Learn & Lead is just one of many resources we make available to our colleagues as we pride ourselves on being a learning organization.



Above: Halloween at Rose  
Right: Kellie Kenley, RN (ED) takes a much-needed break with a friend



# Caring for Each Other Like Family

When Lauren Meehan (RN - Director, Cardiovascular Services) and her husband Chris were getting ready to meet their twin daughters, they were in for a pleasant surprise ahead of their babies’ arrival at HCA Healthcare’s Rose Medical Center in Denver.

“We were in the [operating room] with two teams of doctors and two teams of nurses,” Lauren Meehan recalled to “Good Morning America.” “The nurses had asked in the room if we had picked out names yet and we stopped and we were like, ‘Yep, we liked Emma and Julia.’”

“The room got kind of quiet,” Meehan continued. “They all looked around and everyone started to giggle because we found out that the two nurses that were going to take care of

the babies, when they did come, were both Emma and Julia.”

It isn’t every day that Rose postpartum nurses Emma Anderson and Julia Van Marter, get to care for babies who share their names.

“I had never delivered a baby with my name before so I was pretty excited. . . I feel like it’s pretty rare to have that coincidence in general and especially with twins and two nurses. That just doesn’t happen around here,” Van Marter added.

“It was just a nice moment in the craziness that was about to happen to kind of just stop and appreciate that little moment of joy,” Meehan said. “We were in the right spot at the right time.”

Below: Lauren and Chris Meehan and their twins, Emma and Julia pose with their nurses, also named Emma and Julia.

“It was Rose nurses taking care of a Rose nurse. Because I know they're a good group I felt comfortable and trusted them to take care of me.”

Lauren Meehan, RN





# Nursing Achievements

Caring for oneself, colleagues, and patients

## Nightingale

In May 2022, four of our outstanding nurses were honored at the 2022 Colorado Nightingale Luminary Awards.

The Nightingale Awards are Colorado’s highest nursing honor. Nurses from across the state were recognized for their work in advocacy, innovation, and leadership.

- Cassie Troxel, RN (5C)
- Jennie Marshall, RN (L&D)
- Hannah Warnecke, RN (ICU)
- AJ Straw, RN (Pre-op/PACU)



Celebrating our Nightingale nominated nurses

## Rose 2022 Gala Highlights



**Eric Vaillancourt, RN**  
Compassion Award



**Erin Jenkins, RN**  
Leader of the Year



**Brenda Pearson, RN**  
Colleague of the Year

## 2022 Rose Nurse of the Year Award Winners

Nurses at Rose Medical Center are recognized for their contributions in addressing the strategic priorities of the organization through the Nursing Excellence Awards which align with the Magnet Model.



**Lori Lucas**  
Structural Empowerment Award



**Ashley “AJ” Straw**  
Transformational Nursing Award



**Hannah Warnecke**  
New Knowledge, Innovations & Improvements Award



**Karine Semczuk**  
Exemplary Professional Practice Award



**Jennie Marshall**  
Relationship-based Care Award



**Cassie Troxel**  
Mirror Award



**DAISY Award for Extraordinary Nurses**

The DAISY Award for Extraordinary Nurses was created to recognize the super-human efforts nurses perform every day. The DAISY Foundation was established by family members of J. Patrick Barnes who died in 1999 from complications of Idiopathic Thrombocytopenic Purpura (ITP), an auto-immune disease. The incredible nursing care that Patrick received inspired this award. Nurses may be nominated by patients, families, and colleagues.

**2022 DAISY Award Recipients:**

- Bridget Schild RN, (Mom Baby/Lactation)**
- Deidre Baraga RN, (Surg 1)**
- Sam Cruz RN, (Float Pool)**
- Danielle Ryan RN, (Surg 1)**

Each recipient is given an “Extraordinary Nurse” certificate and a meaningful sculpture called, “A Healer’s Touch,” which is hand-carved by artists of the Shona tribe in Africa.



Above: Bridget Schild



Above: Deidre Baraga



Above: Sam Cruz

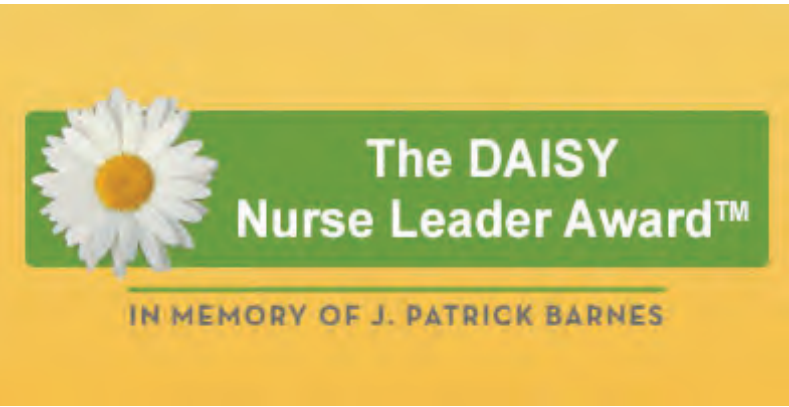


Above: Danielle Ryan

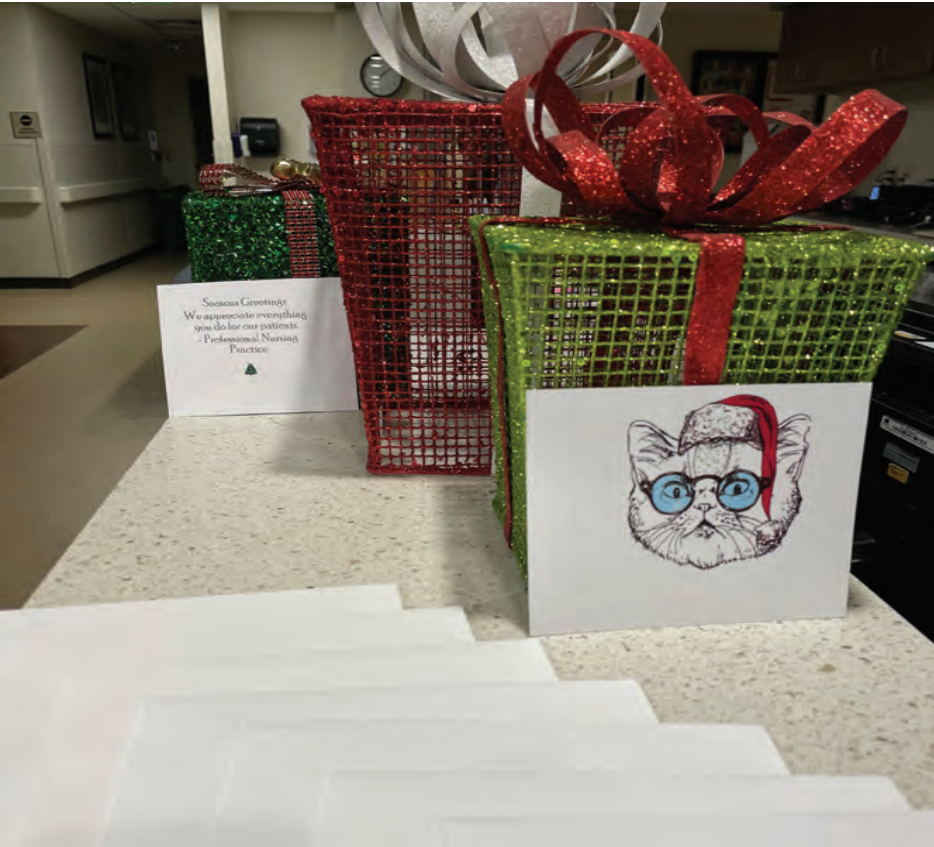
The DAISY Nurse Leader Award was created for quite a different purpose – to shine a light on those who do not typically have direct patient care as part of their work as well as those who create an environment where compassionate, skillful care thrives. This award is used to recognize Nurse Managers, Directors, Assistant Managers, Educators, Chief Nursing Officers, and Quality/Informatics Nurses.

**2022 DAISY Nurse Leader Award Recipient:**

**Monica Wininger RN, Director of Critical Care Services**



Above: Monica Wininger



**Professional Nursing Practice Recognition**

The PNP wanted to increase visibility of the positive feedback provided by patients and families. The “kudos” cards were developed as an additional way to recognize our wonderful nurses. Maureen Miller (RN, Cath Lab) and Cheryl Gray (RN, NICU) created the first ever “Professional Nursing Practice Holiday Cards”. Over 100 nurses received the holiday cards with comments about their exemplary care. Thank you to all the nurses for everything you do, it does not go without notice.

Left: Meowy Catmas Kudos Cards



# Professional Nursing Certification

Professional Nursing Certification is a formal process that validates nursing knowledge, skills, and abilities in a defined role and clinical area of practice. It enhances professional credibility and communicates a level of clinical competence. Professional Nursing Certification contributes to better patient care through improved knowledge, techniques, and judgement.

## ACM Accredited Case Manager

Nora Funk, Case Management

## AGACNP-BC Adult-Gerontology Acute Care Nurse Practitioner

Cheryl Robson, Cardiac Cath Lab

## AGPCNP-BC Adult-Gerontology Primary Care Nurse Practitioner

Phuong Linh Nguyen, Rose Advanced Wound Care

## CCM Certified Case Manager

Brittany Reitsema, Case Management



Above: 6 Central

## CCRN - Adult Acute/Critical Care Nursing (Adult)

Jill Bastman, ICU

Cristina Diez Bopp, ICU

Lindsay Dolan, ICU

Kelly Gray, ICU

Jill Gruzlewski, ICU

Ashley Ham, ASC Recovery Room

Rebecca Housey, Float Pool

Mary Jefferson, Post Anesthesia Care Unit

Madalyn Katz, ICU

Sara Knipstein, ICU

Joshua Lichty, ICU

Rick Lindsey, Emergency Service

Allison Masdin, ICU

Maureen Miller, Cardiac Cath Lab

Nyles Quenzer, ICU

Cheryl Robson, Cardiac Cath Lab

Karine Semczuk, Cardiac Cath Lab

Skyler St. Onge, ICU

Denise Stelzriede, Post Anesthesia Care Unit

Anna Thompson, ICU

Hannah Warnecke, ICU

Monica Wininger, ICU

## CCRP Certified Cardiac Rehabilitation Professional

Sharon Rust, Cardiac Rehab

## CDCES Certified Diabetes Care and Education Specialist

Darisa Bender, Cardiac Rehab

## C-EFM® Certified - Electronic Fetal Monitoring

Allison Barker, Labor & Delivery

Allison Brajcich, Labor & Delivery

Kelsi Brandt, Labor & Delivery

Isabella Chelini, Labor & Delivery

Marta Cicero, Labor & Delivery

Gabrielle Dewberry, Labor & Delivery

Jennifer Dufour, Labor & Delivery

Mary Ebert, Labor & Delivery

Marianne Erbert, Ortho/Spine

Frances Griffin, Labor & Delivery

Elizabeth Haley, Labor & Delivery

Jenny Jamshid, Labor & Delivery

Katie Jones, Your Rose Baby

Natalee Killpack, Float Pool

Kristin Kowaleski, Labor & Delivery

Christina Larson, Labor & Delivery

Tracy Lujan, Labor & Delivery

Jennie Marshall, Labor & Delivery

Kayla Mitchell, Labor & Delivery

Carrie Molloy, Labor & Delivery

Melinda Mossman, Labor & Delivery

Krystal Nguyen, Labor & Delivery

Sarah Parker, Labor & Delivery

Annalisa Reeves, Labor & Delivery

Nicole Rhodes, Labor & Delivery

Jennifer Richardson, Intensive Care Nursery

Sarah Richardson, Labor & Delivery

Melissa Sanchez, Labor & Delivery

Brianna Schafer, Labor & Delivery

Alyson Schmit, Labor & Delivery

Amy Singleton, Labor & Delivery

Jessica Vela, Labor & Delivery

Emma Velie, Labor & Delivery

Sarah Weston, Labor & Delivery

Lindalin Welford, Labor & Delivery

Jennifer Wright, Labor & Delivery

## CEN® Certified Emergency Nurse

Lisa Burton, Emergency Service

Shaina Cintia, Float Pool

Maegan Davis, Central Park Emergency Department

Sandra Dellva, Infusion Center

Susan Girard, Pre-Admission Testing

Elizabeth Hill, Float Pool

Dawn Hovanec, Emergency Service

Kellie Kenly, Emergency Service

Isaac Laughbaum, Emergency Service

Rick Lindsey, Emergency Service

Kathy Sewell Reed, Emergency Service

## CFRN® Certified Flight Registered Nurse

Bradley Basham, Quality Management

Rick Lindsey, Emergency Service

## CHFN Certified Heart Failure Nurse

Maureen Miller, Cardiac Cath Lab

## CMSRN® Certified Medical-Surgical Registered Nurse

Melissa Bebee, Post Anesthesia Care Unit

Theresa Fulton, ASC Recovery Room

Elisabet Harms, Professional Development

Tamara Hebb, ICU

Amanda Kelly-Dorris, Float Pool

Katherine Kelsey, Ortho/Spine

Agnes Kerr, Ortho/Spine

Mini Nguyen Gonzales, Five Central

## CNEcl Certified Nurse Educator

Elisabet Harms, Professional Development

Maureen Miller, Cardiac Cath Lab

## CNL Clinical Nurse Leader

Anne Soliman, Professional Development

## CNML Certified Nurse Manager & Leader

Jennifer Harlan, Four Central

Linnet Jung, Nursing Administration

## CNOR® Certified Nurse Operating Room

Ann Richie Almeida, Operating Room

Jennifer Balmer, Operating Room

Rebecca Conger, Operating Room

Brian Dion, Operating Room

Darci Helin, Operating Room

Roger Johnson, Operating Room

Stephanie Kanter, Operating Room

Branden Paoli, Operating Room

Poovendhri Thumbiran, Operating Room

## CPAN® Certified Post Anesthesia Nurse

Rose Harris, Pre-Admission Testing

Mary Jefferson, Post Anesthesia Care Unit

Julia Kaye, Post Anesthesia Care Unit

Sarah Philpott, ASC Recovery Room

## CPEN® Certified Pediatric Emergency Nurse

Maegan Davis, Central Park Emergency Department

Kathy Sewell Reed, Emergency Service

## CPHRM Certified Professional in Health Care Risk Management

Mary Beth Powell, Risk Management



Above: Rose Medical Center Nurses



Above: Case Managers at Rose

## CPN Certified Pediatric Nurse

Ellen Ahlers, Intensive Care Nursery

Laurel Seaholm, Post Anesthesia Care Unit

## CV-BC Cardiac Vascular Nursing

Elizabeth Johnson, ICU

Allison Masdin, ICU

Deborah Reshotko, Infusion Center

Regan Ross, Post Anesthesia Care Unit

Tina Shragal, Four Central

Natania Smith, Post Anesthesia Care Unit



**CVRN-Level I Cardiovascular  
(ED, telemetry, & stepdown)**

Kathleen Beimford, Cardiac Cath Lab  
Sean Duggan, Four Central  
Molly McGough, Cardiac Cath Lab  
Lauren Meehan, Cardiac Cath Lab  
Maureen Miller, Cardiac Cath Lab  
Suzanne Mobarak, Cardiac Cath Lab  
Scott Ostrin, Post Anesthesia Care Unit  
Cheryl Robson, Cardiac Cath Lab  
Polly Rose, Cardiac Rehab  
Regan Ross, Post Anesthesia Care Unit  
Jennifer Sittaro, Four Central  
Natania Smith, Post Anesthesia Care Unit  
Eileen Terry, Esophageal Pelvic Center  
Janelle Walbrun, Four Central

**CWCN® Certified Wound Care Nurse**

Leigh Porzel, Rose Advanced Wound Care

**CWOCN® Certified Wound, Ostomy,  
Continence Nurse**

Brooke DelGaudio, Rose Advanced  
Wound Care  
Christina Mills, Rose Advanced Wound Care

**FNP Family Nurse Practitioner**

Alicia Donohue, Mom/Baby

**GPHR Global Professional in Human  
Resources**

Cambria Gorman, Intensive Care Nursery

**IBCLC International Board Certified  
Lactation Consultant**

Fiona Bendiak, Lactation  
Nicole Clark, Lactation  
Kristen Gricus, Lactation  
Theresa Howard, Intensive Care Nursery  
Kerri Hyland, Intensive Care Nursery  
Karen Jobin, Lactation  
Rebecca Martin-Cobb, Lactation  
Ciara Martinez, Mom/Baby  
Jill Olsen, Intensive Care Nursery  
Debra Pierce, Lactation  
Melinda Shively, Intensive Care Nursery

**Med-Surg-BC Medical Surgical Nursing**

Felicia Asmussen, Float Pool  
Daniel Nelson, Five Central

**NEA-BC Nurse Executive, Advanced**

Diedre Bricker, Magnet Program  
Laura Thornley, Administration

**NE-BC Nurse Executive**

Linnet Jung, Nursing Administration

**NPD-BC Nursing Professional Development**

Anne Soliman, Professional Development

**OCN Oncology Certified Nurse**

Brenda Steelman, ED Billing  
Heather Thamm, Quality Management  
Lynda Vernikoff, Radiation Oncology



Above: Employee Health at Rose

**ONC® Orthopedic Nurse Certified**

Shane Dickard, Ortho/Spine  
Edgar Kalinchuk, Ortho/Spine  
Pensopa Kosmiski, Ortho/Spine  
Suzanne Nash, Ortho/Spine

**ONQS Obstetric and Neonatal Quality  
and Safety**

Kay Garrity, Mom/Baby  
Leah May, Quality Management

**PCCN Progressive Care Nursing (Adult)**

Danielle Gilmore, Float Pool  
Lauren Meehan, Cardiac Cath Lab  
Andrea Pulik, Nursing Administration  
Nyles Quenzer, ICU  
Sianna Roberts, ICU

**PMHNP-BC Adult Psychiatric & Mental  
Health Nurse Practitioner**

Jessica Dockter, Float Pool

**RCIS Registered Cardiovascular Invasive  
Specialist**

Ted Roggenkamp, Cardiac Cath Lab

**RNC-MNN® Registered Nurse Certified -  
Maternal Newborn Nursing**

Emma Anderson, Mom/Baby  
Miranda Barnard, Mom/Baby  
Hayley Barrett, Well Baby Nursery  
Beverly Black, Mom/Baby  
Emily Brookshire, Mom/Baby  
Hannah Cano, Mom/Baby  
Alexandra Dionne, Mom/Baby  
Kristie Donnelly, Mom/Baby  
Alicia Donohue, Mom/Baby  
Kay Garrity, Mom/Baby  
Valerie Hartford, Mom/Baby  
Amy Huff, Well Baby Nursery  
Katy Johnston, Mom/Baby  
Rachel Judson, Mom/Baby  
Erin Kinsey, Mom/Baby  
Mathilde Mahjoub, Well Baby Nursery  
Leah May, Quality Management  
Julie McGuire, Mom/Baby  
Molly McNeil, Mom/Baby  
Nicole Pavlik, Mom/Baby  
Ashley Schmidt, Mom/Baby  
Chelsea Whitney, Mom/Baby

**RNC-NIC® Registered Nurse Certified -  
Neonatal Intensive Care Nursing**

Tracy Anderson, Intensive Care Nursery  
Annette Frith, Intensive Care Nursery  
Cheryl Gray, Intensive Care Nursery  
Christiana Heywood, Intensive Care  
Nursery  
Brigid Jones, Intensive Care Nursery  
Madison Massom, Intensive Care Nursery  
Kathryn Nicholas, Intensive Care Nursery  
Yvonne Richards, Intensive Care Nursery  
Melinda Shively, Intensive Care Nursery  
Bonita Thistle, Intensive Care Nursery  
Lorina Thomas, Intensive Care Nursery  
Debra Warntjes-Colagr, Intensive  
Care Nursery  
Lisa Welch, Intensive Care Nursery

**RNC-OB® Registered Nurse Certified -  
Inpatient Obstetric Nursing**

Allison Barker, Labor & Delivery  
Beverly Black, Mom/Baby  
Allison Brajcich, Labor & Delivery  
Kelsi Brandt, Labor & Delivery  
Marta Cicero, Labor & Delivery  
Gabrielle Dewberry, Labor & Delivery  
Jennifer Dufour, Labor & Delivery  
Mary Ebert, Labor & Delivery  
Paige Field, Nursing Administration  
Frances Griffin, Labor & Delivery  
Elizabeth Haley, Labor & Delivery  
Katie Jones, Your Rose Baby  
Christina Larson, Labor & Delivery  
Margo Lundquist, Float Pool  
Tracy Lujan, Labor & Delivery  
Kayla Mitchell, Labor & Delivery  
Carrie Molloy, Labor & Delivery  
Melinda Mossman, Labor & Delivery  
Alea Newman, Antepartum Testing  
Krystal Nguyen, Labor & Delivery  
Sarah Parker, Labor & Delivery  
Nicole Rhodes, Labor & Delivery  
Jennifer Richardson, Intensive  
Care Nursery  
Sarah Richardson, Labor & Delivery  
Melissa Sanchez, Labor & Delivery  
Alyson Schmit, Labor & Delivery  
Jessica Vela, Labor & Delivery  
Lindalin Wolford, Labor & Delivery  
Jennifer Wright, Labor & Delivery

**SANE-A Sexual Assault Nurse  
Examiner – Adult**

Nancy Lopez, Float Pool

**TCRN® Trauma Certified  
Registered Nurse**

Kathy Sewell Reed, Emergency Service

**VA-BC Vascular Access Board Certified**

Marie Woods, I V Therapy



Above: NICU Nurses



Above: Periop Nurses



Above: Emergency Department



# Vision

To bring exceptional healing, to all human beings.

# Values: I CARE

**INTEGRITY**  
Doing the right thing, even when no one is watching

**COMPASSION**  
Be empathetic to the needs of others and sympathize with their situation

**ACCOUNTABILITY**  
Take ownership for how actions impact outcomes

**RESPECT**  
Value others and embrace diversity

**EXCELLENCE**  
Take personal pride in exceeding expectations







**RoseMed.com**

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