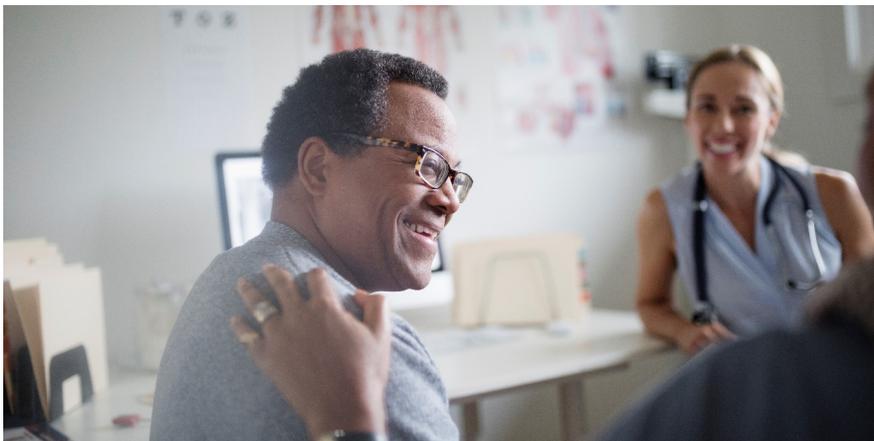




*A Sunrise Health System Hospital*

# Welcome to the Rehabilitation Unit

**Together  
we are a  
community  
dedicated to  
healing.**



**We set the  
standard of  
excellence  
every day.**

**at Sunrise Hospital**



# Table of Contents

Your Team Members .....	1
Director's Welcome.....	3
Our Location .....	5
Interdisciplinary Team .....	8
Role of the Rehabilitation Nurse.....	12
Role of the Physical Therapist.....	13
Role of the Occupational Therapist.....	14
Role of the Speech Pathologist. ....	15
Role of the Recreational Therapist. ....	16
Role of the Social Worker.....	17
Preparing for Admission. ....	19
Helpful Information about the Sunrise Rehab Unit.....	23
Patient Rights... ..	29
My Health.....	33
Discharge Planning. ....	39
Homeward Bound Checklist. ....	41
Sunrise Excellence.....	42
Word Search. ....	47
Channel Guide. ....	48



# We see it as our privilege to take care of you. Together we are a team.

This includes your doctors, nurses, therapists, social workers and you. You are the most important member of the team.



Please sign below to signify ownership of this booklet.

\_\_\_\_\_

Patient Signature

\_\_\_\_\_

date

We hope this will be a helpful resource for you and your family to answer questions about rehab. As we continue with your rehab program, please use this book for reference and notes, including health condition information, home exercise programs, or homework assignments, so that all the information is easily accessible.

Your team members	Print Name	Signature
Nurse		
Nurse		
Patient Care Technician		
Occupational Therapist		
Physical Therapist		
Speech Therapist		
Therapy Assistants		
Social Worker		
Physician		



## To Our Valued Patients and Families

Welcome to Sunrise Rehabilitation Unit! We are glad you have chosen us for your acute inpatient rehabilitation care.

While you are still in Sunrise Hospital and Medical Center, our Rehabilitation Unit is considered a separate admission. That means you will have a new Rehabilitation physician caring for you in addition to the physicians you had when you were acutely injured or ill. The doctors work together to provide your care.

Sunrise Rehab is a full-service program. You may have additional laboratory or diagnostic tests ordered and you will most likely be receiving pharmacy services. All of these services are available every day of the week through Sunrise Hospital and Medical Center. Your results are available at all times in your electronic medical record for your physicians to review.

Our team of rehabilitation professionals will work with you to help you achieve the most independence possible. It is a team effort and YOU are the most important member of the team!

Thank you.

Billy Meyer

Director Rehabilitation Services



**Our inpatient  
rehabilitation  
program  
is CARF  
accredited**





## Our location



### Address

Sunrise Hospital  
& Medical Center  
Attn: Rehab  
3186 S. Maryland Pkwy  
Las Vegas, NV 89109

### Phone Numbers

Main  
702-961-5000

Rehab Nursing Desk  
702-961-6930

### Website

[www.sunrisehospital.com](http://www.sunrisehospital.com)

Rehab Admissions  
702-961-6940

Conveniently located 3.5 miles to/from the Las Vegas McCarran International Airport.

10 minutes east of the famous Las Vegas Strip.



## The Rehab Unit is located on the third floor of Tower 3.

Conference Room	Restroom		ELEVATORS		Physical Therapy Gym 3
Conference / Recreation Room			Breeze Way		36 / 37
34 / 35			Kitchen	Restroom	
33			Breeze Way		38 / 39
31 / 32			Nurses Station		
ADL Suite				Electrical	40
Emergency Exit Stairway				Medical Director	Clean Room
Nurse Manager			Supply Room		41 / 42
Social Workers			Soil Room	Linen Closet	Rehab Staff Office
Physical Therapy Gym 2			Shower	Storage	Office
Physical Therapy Gym 1			ELEVATORS		1 / 2
OT Therapy Room			Storage	Staff Lounge Locker Room	3
30 Apt				Staff Bathroom	Dining Room
28 / 29			Wheel Chair Storage	IRF / PAI Analyst Office	4
27			Breeze Way		5
26			Admissions		6 / 7
24 / 25			Speech	Electrical Room	8
23			Speech	Laundry Room	9
22			Speech	Public Restroom	10 / 11
20 / 21			Therapy Supervisor	Director Rehabilitation	12
19				Restroom / Shower	13
18			Medication Room		14 / 15
			Breeze Way		16
			Nursing Station		17
			Exam Room	Telephone Room	
			Clean Utility Room / Nutrition		
			Breeze Way		
			EVS Supply Room	Tub Room	
			Restroom Shower	Soiled Utility Room	
			Linen Closet	WC Supplies	
			Breeze Way		
			Stairs / Exit		



# Interdisciplinary Team



# You are now ready to be in a rehabilitation therapy program.

This is your first step towards independence. The rehabilitation program is designed to help you achieve your goals. Our medical care and rehabilitation strategies are tailored to each patient.



## Medical Director

Dr. Mark Steinhauer is a board-certified physiatrist (a specialized physician trained in physical medicine and rehabilitation). He serves as the medical director of Sunrise Rehab and has 35 years + experience in this field.

He has a Groucho Marx sense of humor and is a sharp dresser that avidly exercises twice daily to practice what he preaches. He will medically manage your care while in Rehab along with associates and physician assistants. Your other specialty physicians, such as hospital internists, cardiologists, neurologists, and orthopedic surgeons, will continue following you while in Rehab.

## Rehab & Pain Medical Physician

Dr. Poole is a board-certified physician in the specialty of physical medicine and rehabilitation. Here at Sunrise Hospital, he practices inpatient Rehabilitation medicine and pain management. He is also a Clinical Professor of the Sunrise Health GME Consortium PM&R residency training program, which he helped found.

In addition to his clinical interests, Dr. Poole enjoys spending time with his family in Utah, lounging with his English bulldog, Jags, being active, surfing, photography, music, and travel.



Rehabilitation Director  
Billy Meyer



Rehab Therapy  
Supervisor



## **Admissions (CRS)**

### **Clinical Rehab Specialists**

Specially trained nurses that work to identify patients who would benefit from our intense rehab program and meet the admission criteria.

### **Advanced Wound Care Team (AWCT)**

This group of physical therapists and nurses specialize in providing the most up-to-date wound care services available. This team coordinates with your doctors to care for pressure wounds, post-surgical incisions, skin grafting, and any other complex skin conditions that arise. A photo documentation system is used through a mobile application to the electronic medical record to track and visualize the status of your wound. Special dressings, medications, and wound debridement are provided.

### **Dialysis**

While you are in Rehab, Sunrise is able to offer specialized in-house dialysis that is available 24/7 for routine and critical needs. A nephrologist will coordinate your care.

### **Dietitian**

A dietitian is an expert in nutrition and the regulation of diet. Dietitians will follow you while in Rehab and make recommendations for your nutrition based on your medical condition and individual needs. This may include dietary restrictions and supplements to help in your recovery. Dietitians also provide education for diabetes management, weight control, and making healthy eating choices.

### **Housekeeping**

A clean, safe environment supports your recovery. Our professional environmental service team and engineering staff are available throughout your stay.

“

**The staff did a very good job of making me feel safe and secure.**

*Patient – Press Ganey Survey*

### **Nursing**

A Registered Nurse and a nursing assistant will provide care for you 24 hours a day, 7 days a week. We are fortunate to have Certified Rehabilitation Registered Nurses (CRRN) providing your daily care.

### **Occupational Therapist**

Your occupational therapist will provide training in ADLs (Activities of Daily Living) such as eating, getting to the bathroom safely, bathing, getting dressed, along with strengthening the upper body, coordination, and home management skills.

### **Pharmacist**

The pharmacist is a licensed medical professional qualified to prepare and dispense medicinal drugs. In collaboration with your doctors, a pharmacist will be assigned to you and help monitor your medications for proper dosage and interactions. They can also provide counseling or education.

### **Physical Therapist**

Your physical therapist will help with functional mobility tasks such as walking, wheelchair skills training, and teaching safe methods for getting in and out of bed and in and out of a car. They also work with you to improve strength, endurance, balance, and to safely use assistive devices such as walkers.



## Psychologist

Psychology services are available to help you with the emotional adjustment needed resulting from functional loss after an illness or injury. Subjects commonly include coping skills, stress management, family role changes, and emotional well-being. This can be beneficial to your emotional state and vital to physical recovery.

## Recreational Therapist

A recreational therapist guides you in ways to participate in social, church, school, family, and volunteer activities. Physical disabilities are not the end to enjoying your favorite hobbies and interests. The recreation therapist can help you adapt leisure skills and offers information for community resources.

## Respiratory Therapist

A respiratory therapist is a healthcare practitioner trained in pulmonary medicine who works therapeutically with people suffering from pulmonary disease. This specialist helps if you are suffering from chronic respiratory disorders, such as asthma or bronchitis, as well as breathing disorders caused by heart attacks, strokes, or other sudden events. If needed, a respiratory therapist will help with breathing treatments and monitoring the use of oxygen.

## Social Worker/Case Manager

Your licensed medical social worker will regularly meet with you and your caregivers to discuss your Rehab program and concerns. They will help prepare you for discharge and a safe transition from the hospital. The social worker works with insurance benefits and covered expenses for durable medical equipment or the next level of care. They also assist patients who live outside of Las Vegas in coordinating travel and continued services.

## Speech Therapy

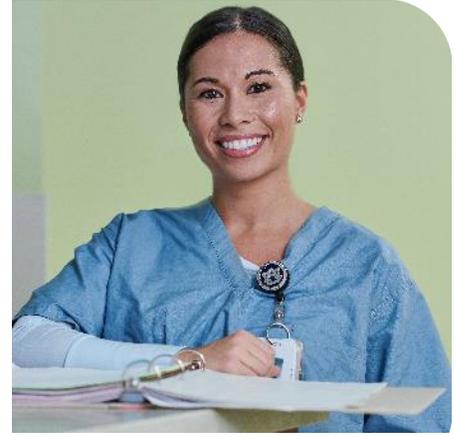
Your speech therapist provides training in communication, language, comprehension, cognitive functional activities, and swallowing. The Speech Therapist relies on sophisticated swallow studies such as Modified Barium Swallow or FEES to determine any limitations to swallowing and helps establish a safe strategy for eating and nourishment.

“

**I received excellent care from all staff. They pushed, encouraged, and cared for me as if I were their only patient. They went above and beyond any level of care I could have expected.**

***Patient – Press Ganey Survey***

## Role of the Rehabilitation Nurse



Through specialized knowledge and clinical skills, the rehabilitation nurse is committed to assisting you and your family in the restoration and maintenance of physical, psychological, social, and spiritual health. The rehabilitation nurse supports and promotes collaboration with other team members to achieve a comprehensive approach to rehabilitation by providing comfort and therapy, promoting health, supporting adaptive capabilities, and promoting achievable independence within the framework of the nursing process. The rehabilitation nurse will systematically assess you initially and on an ongoing basis.

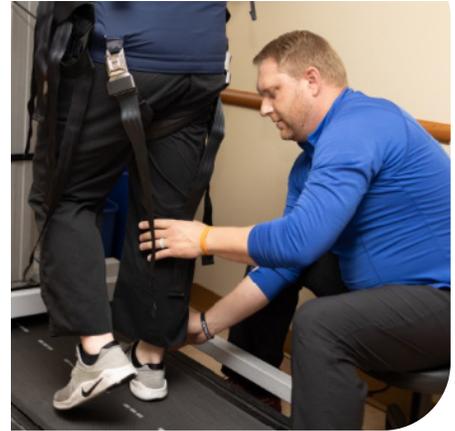
Functional health patterns that may be evaluated, but not limited to are:



- Health perception/health management
- Medication management
- Nutrition
- Bowel and bladder function
- Sleep and rest
- Self-perception
- Role relationship
- Sexuality/intimacy
- Coping/stress management
- Value/belief system
- Cultural considerations

The rehabilitation nurse is also actively involved in the education process for you and your family.

# Role of the Physical Therapist



Physical therapists can provide care for a variety of diagnoses and impairments. In the rehabilitation setting, physical therapists focus on improving your functional independence. Your physical therapist will provide extensive hands-on training and education to you, your family, and your caregivers.

## Functional Mobility

- Walking
- Wheelchair propelling
- Transfer in and out of bed
- Assistive devices (when needed)
- Stair Training
- Car Transfers
- Walking outdoors among various terrain
- Maneuvering outside in the community

## Therapeutic and Neuromuscular Exercises

- Balance / Coordination (standing and sitting upright)
- Retrain muscle groups
- Motor control
- Endurance training
- Increase range of motion
- Strengthening
- Home exercise program

## Specializations

- Body-weight Supported Treadmill Training (BWSTT)
- Bioness Electrical Stimulation for hand and foot and Bioness Integrated Therapy System (BITS)
- BITS Balance Board
- Q-Pads Interactive Rehabilitation System

## Advanced Wound Care Team

- Certified Wound Specialists
- Promote wound healing
- Prevent pressure injuries



## Role of the Occupational Therapist

Occupational Therapy (OT), is a profession that helps people engage in daily activities. In the rehabilitation setting, occupational therapists will help you improve your quality of life and ability to perform daily activities necessary to return home and transition to the next phase of recovery.

### Activities of Daily Living (including Instrumental)

- Eating
- Grooming and dressing
- Toileting
- Bathing & personal hygiene
- Meal planning and preparation
- Returning to work
- Housecleaning, laundry and basic home maintenance
- Cell phones and computers
- Managing finances
- Driving and navigating public transportation
- Shopping
- Childcare tasks

### Neuromuscular Re-Education and Functional Cognition

- Re-establish normal movement patterns
- Increase visual-perceptual skills
- Reo-Go to address hand function and motor control
- Better memory skills
- Coordination and balance
- Increase safety awareness

### Therapeutic Activity and Exercise

- Increase range of motion
- Strengthening
- Home exercise program
- Transfer instruction & training

# Role of the Speech Pathologist



The speech-language pathologist facilitates the improvement of communication, cognition, and swallowing skills.

## Communication

- Articulation
- Language
- Fluency
- Voice
- Reading comprehension
- Written expression
- Nonverbal aspects such as gestures and facial expression
- Augmentative devices
- Sign language
- Communication boards
- Computers

## Cognition

- Confusion and disorientation
- Impaired perception
- Impaired attention
- Disorganization of thoughts
- Problem-solving ability
- Memory
- Social skills
- Behavior

## Swallowing

- Bedside swallow exam
- Clinical and video fluoroscopic evaluation  
MBS, FEES
- Vital Stim certified
- Ventilator support PMV (Passy Muir Valve)
- Establishing safe consistencies of food and liquid
- 1:1 monitoring at meal time if necessary



## Role of the Recreational Therapist

The therapeutic recreation specialist provides a comprehensive, team-oriented treatment program to address social, motor, cognitive, recreational, and community skills to maximize your independence in the leisure lifestyle. These skills are achieved through evaluation, goal-oriented treatment, group interaction, community reintegration, and discharge planning.

The therapeutic recreation specialist works closely with the other rehabilitation team members in developing a plan of care.

### .Areas of Focus

- Identifying healthy leisure activities, new interests and capabilities
- Identifying adaptive techniques and equipment for leisure activities to utilize at home and in the community
- Assisting management of free time constructively
- Identifying available leisure and community and online resources

## Role of the Social Worker



Upon admission to the rehab unit, a specially trained social worker (also known as your case manager) is assigned to your case. They will remain with you through your stay to help with discharge planning and referrals to any available resources.

The social worker is assigned to coordinate your program. They will also participate as a member of the team to provide consultation and to receive current information that affects your discharge plans. The social worker coordinates efforts with community resources for the acquisition of equipment and to assure you and your family receive follow-up care after discharge.

### Areas of Focus

- Assists you and your family in adjusting to the changes occurring as a result of disease or injury.
- Educates you and your family about your medical condition.
- Acts as a liaison between your family and the rehab team.
- Helps facilitate a smooth transition from the acute rehabilitation setting to the next level of care.
- Coordinates follow up services such as home health care, dialysis, outpatient therapy services, and skilled nursing facilities.
- Provides information on available community and online resources.

# Teamwork

## **Patient and Family Education and Training**

Patient and family education and training are key components to your safe and successful discharge home. Throughout your stay, the rehabilitation team provides this service consisting of verbal and written information, demonstration, and hands-on practice of skills.

These individualized training sessions are offered to you, your family, and your caregivers and may include instructions for medication management, dietary guidance, transfers, walking, balance, positioning, bathing, home management, and other functional tasks.

It is our goal to empower you to be as independent and safe as possible when you discharge from the Sunrise Rehabilitation unit.



**Wonderful, caring and efficient staff. Fantastic and effective theapists in the Rehabilitation unit. So happy I found Sunrise Hospital.**

*Patient – 5 Star Google Review*

## **Equipment Needs**

In order for you to return home safely and as independently as possible, you may require the use of special equipment such as a: rolling walker, wheelchair, bath bench, bedside commode, reacher, sock aid, and long shoehorn. Other necessary equipment may include communication devices and a blood sugar monitor.

Therapists and nurses work together to determine your equipment needs. If there are accessibility concerns, this process may include completing a home evaluation. Advice on home modifications may be offered. Some equipment is covered by insurance. Therapists and social workers provide information to you and your family on how to obtain any necessary equipment.

# Preparing for Admission

## What to bring to Rehab



We recommend that you bring a one-week supply of everyday clothing for your rehabilitation stay at Sunrise Hospital. For your convenience, laundry facilities are available on the Rehab unit. The following are some tips to help in your selection of clothing and other items.

**Pants:** Comfortable, loose-fitting pants with elastic waists.

**Shirts:** Loose-fitting or stretch type shirts. Short sleeves are preferred.

**Sweaters:** Loose-fitting sweater or a light jacket. Though rooms are climate controlled, some areas on the unit might be too cool for you.

**Undergarments:** Whatever is normally worn, but they should not be binding.

**Sleepwear:** Warm and comfortable. Socks or booties are encouraged.

**Footwear:** Stretch socks. Flat shoes with non-slip soles. Light-weight tennis or jogging shoes are best.

**Personal Aids:** Items such as eyeglasses, dentures, hearing aids, prostheses, braces, etc.

**Hygiene:** As needed from the following: brush/comb, toothbrush, toothpaste, denture cleaner and/or adhesive, mouthwash, deodorant, shaving cream, hairdryer, makeup, curlers, special soaps, special shampoo, razor.

**Personal Effects:** Items you may want for personal comfort or to personalize your environment such as pictures, flowers, reading materials, watch, note pad, etc.

**Food Items:** Patients who are on regular diets may enjoy food brought in by family or friends. Patients on special diets, such as diabetic diet, should check with their nurse before consuming any foods not provided by the hospital.



## What to expect now that you have been admitted to Rehab.

Each patient admitted to the Sunrise Rehabilitation unit receives physical therapy and occupational therapy services. Speech therapy is also ordered for patients that require it. We provide an intense level of therapy consisting of at least 15 hours per week, typically 3 hours of therapy spread throughout the day. Your team will customize a plan based on your medical needs for either a 5-day program or a 7-day low endurance program. While keeping your hobbies and interests in mind, we offer one to one individualized treatment sessions designed to meet your goals based on your medical condition and functional limitations.

Upon admission, a specialist in each rehabilitation discipline will conduct a formal evaluation to assess your individual needs and barriers. An interdisciplinary approach is then used in the development of your treatment plan consisting of both short and long term goals. We encourage a patient-centered approach including the involvement of your family or friends in the rehabilitation process. The goal of rehab is to help restore a level of functional mobility for your safe return to home when possible.

Our staff will also provide ongoing education to help you and your family understand your diagnosis, promote your continued good health, and prepare you for your return to the community. Your support system's help and understanding are important to your successful rehabilitation.

Rehabilitation means you will be working hard to get back abilities that you have lost for a while. It also means learning how to do things differently. Our program operates 24 hours a day, 7 days a week so that you get the most out of your rehabilitation stay.

### **Therapy Schedule**

Your daily therapy schedule is posted on the boards near the nurse's station. It is specific to you. You may ask for a copy of your daily schedule or feel free to use our schedule forms to copy it at any time. Please be advised that therapy times may change. Your therapy treatments are mandatory and required as scheduled for you. Failure to attend therapy treatments may jeopardize your continued stay in rehabilitation. Please notify staff if you have questions or requests for your therapy schedule.



## **Therapeutic Authorized Community Outings (TACO):**

Therapeutic passes may be part of your treatment program. During this session, you will work with the new skills you learned in the unit and practice them outside the hospital. Your therapists and nurses will recommend a list of activities to practice. A TACO requires a written order by your physician. No overnight passes are permitted. Your rehab team will discuss the details with you when the team determines that you are ready. Your family or friends will need to receive some instruction from the therapists and nurses as well.

Before leaving the hospital with your pass, the list of activities will be given to you. You will sign out with the charge nurse and sign back in upon return. Turn in your list of activities to your therapists to review and help solve any issues that may have arisen. If your TACO pass is for home, please inform the staff of any concerns regarding accessibility while there.

## **Communication Boards:**

Communication Boards are located in each patient room. These boards communicate your specific needs to staff and are updated daily to reflect your status and give you and your family information on your progress.

## **Team Conference:**

Once a week a conference is held with your Rehab doctor, your team of nurses, therapists, and social worker to discuss your progress and future goals at length. One family team conference is also held during your stay. We strongly recommend you and/or your family and caregiver(s) plan to attend. This will give you the opportunity to ask your team questions about your progress and discharge plans. The social worker will give you the date and time of your family conference. A telephone conference is also available.

## **Graduation Day:**

We celebrate your accomplishments in Rehab with a Graduation day which is usually scheduled the day of or the day before you leave the hospital. This allows you to show off all the hard work you have put into your recovery by demonstrating your new skills and capabilities. We record this information and compare it to your admission assessment to determine your progress. Your team will sign and present a graduation certificate for successful completion of your program.

## **Discharge Planning:**

The discharge planning process begins as soon as you are admitted to Rehab. You are assigned a social worker who assists you during your stay. Your team will estimate a discharge date, keeping your specific medical needs and intentions in mind. Your team members will explain and assist you with your discharge plan, ensuring you have a smooth transition to home or the next level of care. Your unique needs will be considered to address follow-up medical appointments, medical equipment, prescriptions for medications, and follow-up therapy services.

# Helpful Information about the Sunrise Rehab Unit

## Meals

Your breakfast is served starting at 7:30 a.m., lunch at 11:30 a.m., and dinner at 4:30 p.m.\* A menu will be provided so you may make your selections. There is a patient dining room on the Rehab unit. Families and visitors may purchase food in the hospital cafeteria. Please have your family/friends check with the nurse or dietitian before they bring any food for you. *\*Meal times are subject to change based on therapy schedules.*

## Visitors

We believe that your family and friends are a very important part of your recovery. Family and visitors are encouraged to visit during non-therapy times as therapy takes priority over visiting. At no time are visitors to assist patients with walking or transfers unless they have been trained by the therapist assigned to the patient. For current visiting hours, please check with the hospital staff.

*Please keep in mind that visiting hours are subject to change. Children under the age of 14 must be accompanied by an adult at all times.*

*In the event of flu, flu-like symptoms, colds, or any contagious diseases, the hospital asks that family/friends refrain from visiting until symptom-free for at least three days. Visitors are asked to practice infection control precautions by using designated hand sanitizer and sinks for handwashing throughout patient care areas. Visitors will also be required to wear personal protective equipment when visiting patients in isolation. Signs located outside of the patient room will alert you for protective equipment, gloves, masks, and gowns. Thank you for your cooperation.*

## Parking

General parking and valet services are available on campus.

## Telephone Calls

Family and friends are encouraged to call you during visiting hours or scheduled breaks, permitting you to receive your full therapy sessions. They may reach you by calling the hospital at 702-961-5000 and asking the operator for your room number, i.e., Rehab\_. The Rehab charge desk phone number is 702-961-6930. When family or friends call for any of your in-depth information, they must have the HIPPA access code that you have selected.

*Telephones are provided for you at your bedside.*

## Valuables

Money should be sent home with your family or locked in the safe through the Public Safety Department. Jewelry and other valuables are discouraged and we strongly suggest sending them home. The hospital is not responsible for any personal items lost.

## Medications

The only personal medications allowed at your bedside are antacids, non-refrigerated eye drops, metered-dose inhalers, topical cream/ointments/lotions, vaginal creams, and oral contraceptives. These medications may be self-administered. All these medications will be verified by the pharmacist and labeled accordingly.

## Non-Smoking Facility

Sunrise Hospital and Medical Center is a smoke-free campus. We encourage non-smoking for all of our patients.

Smoking is not permitted indoors or outside on hospital property.



## Alcohol and Drugs

Unauthorized alcoholic beverages or drugs are strictly forbidden. The non-prescribed use may result in immediate discharge.

## Interpretation Services

Translation services are available and may be provided over the phone or by video. Sign language is also provided and TTY services are available for the hearing impaired. Please contact the charge nurse for any questions.

## Clothing and Laundry

All Rehab patients are encouraged to be dressed in their everyday clothes unless extenuating circumstances exist. Comfortable and easily laundered clothing, which buttons or zips up the front or pullover style is recommended. Shoes should be rubber-soled and provide good support. Please mark all clothing with your name to prevent loss. Your family or caregivers are responsible for making sure that you have at least a couple of changes of clean clothes. If this is not possible (no family or too far away), attempts will be made to provide you with hospital clothing.

## Personal Electronics

These items are to be turned off at a reasonable time so that you and your neighbors may rest. Guest access Wi-Fi is available. Chargers are not available. Please be considerate of others and use headphones whenever possible.

*Video recording with your personal device is PROHIBITED.*



*Note: Though we try to protect your personal belongings from loss or damage, we do request that you not hold us RESPONSIBLE in the event that loss or damage should occur.*

## iMobile

Sunrise relies on the latest technology for your care. You may see staff using small portable phones. These phones are equipped to help staff remain updated on your care and allow for streamlined communication between staff members. These phones only work on a special internal network within the hospital.

## Spiritual Support

Sunrise Rehab is committed to the total well-being of its patients.

A full-time chaplain is available at all times. A Catholic priest, Rabbis and other clergymen can be contacted at your request. Some services are available on Sundays. Please consult with the charge nurse.

# Sunrise Hospital Amenities and Resources



## Onsite Dining

The **Sunrise Café** is located on the main floor of the adult hospital and serves hot entrées and to-go items.

**Starbucks** is located in the main lobby serving gourmet coffees and various pastries.

**Subway Sandwich Shop** is conveniently located on the main floor and is open 24 hours a day, seven days a week. Call ahead to (702) 733-8020 and your order will be ready when you arrive. For directions please ask staff or follow signage.

## Nearby Restaurants (Walking Distance)

### Applebee's

3340 S Maryland Pkwy  
Phone: (702) 737-4990

### Denny's

3081 S Maryland Pkwy  
Phone: (702) 734-1295

### Boulevard Mall

Located on the corner of Maryland Pkwy and Desert Inn  
Phone: (702) 631-4645

## **ATMs/Banks**

There are ATMs located in the Sunrise Cafe and Sunrise Children's Hospital Emergency Room. Additionally, there are many nearby branches of Wells Fargo, Bank of America, and Chase, all within walking distance.

## **Wi-Fi Access**

Our wireless service gives you fast reliable access to the Internet and email thanks to our easy connection process. To connect to HCA's Wi-Fi wireless High-Speed Internet service, follow these simple steps:

1. Start with your Wi-Fi enabled device turned off.
2. Turn your device on and ensure that it is connected to the "Guest\_Access" SSID / Network Name.
3. Launch your web browser. You should see the "Guest\_Access" Welcome Page. Select your connection option. If you do not see the "Guest\_Access" Welcome Page, you may need to configure the SSID or Network Name to "Guest Access".



## **Lodging**

If you are visiting Sunrise Hospital & Medical Center from another community or state, please call one of the following hotels or hostels that offer discounted rates for our patients and their families. Be sure to mention that you are a loved one of a patient at Sunrise Hospital or Sunrise Children's Hospital when making a reservation.

### **Hilton Grand Vacations**

Phone: (877) 651-4482 (Opt 1)

Be sure to use special rate code K7/Client ID 3008380.

For assistance with extended stays (10+ nights), please contact Shannon Weldon at (702) 946-9207 or [sweldon@hgvc.com](mailto:sweldon@hgvc.com)

Locations include:

•Las Vegas Strip (North)  
2650 Las Vegas Boulevard

•Convention Center  
455 Karen Avenue

•Elara (Las Vegas Strip South)  
80 East Harmon Las Vegas Boulevard

### **Extended Stay America**

Located within walking distance to Sunrise Rehab.

Phone: (702) 369-1414

3045 South Maryland Parkway

**Rodeway Inn**

Phone: (702) 735-4151  
220 Convention Center Drive

**Embassy Suites Convention Center**

Phone: (702) 947-7166  
3600 Paradise Road  
When making your reservation please mention you are a guest of HCA Healthcare.

**Fairfield Inn – Marriott**

Phone: (702) 791-0899  
3850 Paradise Road  
Free on-demand shuttle to and from the hospital from 4 a.m. to midnight daily

**Renaissance Las Vegas Hotel**

Phone: (800) 750-0980  
3400 Paradise Road  
Las Vegas Marriott  
Phone: (702) 650-2000  
3225 Paradise Road

**Courtyard Convention Center**

Phone: (702) 791-3600  
3275 Paradise Road

**La Quinta Inn**

Phone: (702) 796-9000

Locations include:

- Paradise

3970 Paradise Road  
24 hour-on demand shuttle to and from the hospital. To book online, use the code SUNHOMC.

- Las Vegas Airport South

6560 Surrey Street  
Visit their website to learn more.

- Las Vegas Tropicana

4975 S Valley View Boulevard (Valley View and Tropicana)  
Visit their website to learn more.

**SpringHill Suites Marriott**

Phone: (702) 433-5880  
Las Vegas Convention Center  
2989 Paradise Road

## CARE Cart

Our CARE Cart is an example of our commitment to making sure that your stay in our hospital is as comfortable as possible. We provide reading materials and puzzles to help pass the time, items to encourage quietness and rest, along with a variety of toiletries, all free of charge. Should you miss the cart, please contact the front desk at (702) 961-9256 and a hospital volunteer will be happy to help you.

## Notary Services

Patients and guests in need of notary services such as medical or financial power of attorney can call:

Bee Right There Notary Service  
Phone: (702) 716-7477

Notary About Town  
Phone: (702) 321-4128

Please know the notary will verify with the nursing staff that the patient is capable to execute logical judgment and sign any legal paperwork on their behalf.

## Valet

Take advantage of complimentary valet services at the front, main entrance, and the diagnostic building. (Service subject to change - please ask a Safety officer)

Hours of Operation

Main Entrance: Monday - Friday: 8:00 am - 5:00 pm

Diagnostic Center: Monday - Friday: 9:00 am - 4:00 pm

After hours, you can retrieve your keys at the

Security Desk located in the Emergency Department or call (702) 961-8350

## Gift Shop

Flowers, books, toys, snacks, and much more can be found in our lovely gift shop, located in the hospital's main lobby.



Additional information is available at [www.sunrisehospital.com](http://www.sunrisehospital.com).



## Patient Rights

*Sunrise Hospital & Medical Center respects the dignity and pride of each individual we serve. We comply with applicable Federal civil rights laws and do not discriminate on the basis of age, gender, disability, race, color, ancestry, citizenship, religion, pregnancy, sexual orientation, gender identity or expression, national origin, medical condition, marital status, veteran status, payment source or ability, or any other basis prohibited by federal, state, or local law. Each individual shall be informed of the patient's rights and responsibilities in advance of administering or discontinuing patient care. We adopt and affirm as policy the following rights of patient/clients who receive services from our facilities:*

### **Considerate and Respectful Care**

- To receive **ethical, high-quality, safe and professional care** without discrimination
- To be free from all forms of **abuse and harassment**
- To be treated with **consideration, respect and recognition** of their individuality, including the need for privacy in treatment. This includes the right to request the facility provide a person of one's own gender to be present during certain parts of physical examinations, treatments or procedures performed by a health professional of the opposite sex, except in emergencies, and the right not to remain undressed any longer than is required for accomplishing the medical purpose for which the patient was asked to undress

### **Information regarding Health Status and Care**

- To be **informed of his/her health status** in terms that patient can reasonably be expected to understand, and to participate in the development and the implementation of his/her plan of care and treatment
- The right to be informed of the **names and functions** of all physicians and other health care professionals who are providing direct care to the patient
- The right to be informed about any **continuing health care requirements** after his/her discharge from the hospital. The patient shall also have the right to receive assistance from the physician and appropriate hospital staff in arranging for required follow-up care after discharge.
- To be informed of **risks, benefits and side effects** of all medications and treatment procedures, particularly those considered innovative or experimental
- To be informed of all appropriate **alternative treatment procedures**
- To be informed of the **outcomes** of care, treatment and services
- To appropriate assessment and **management of pain**
- To be informed if the hospital has authorized **other health care and/or education institutions** to participate in the patient's treatment. The patient shall also have a right to know the identity and function of these institutions, and may refuse to allow their participation in his/her treatment

## Decision Making and Notification

- To choose a person to be his/her **healthcare representative and/or decision maker**. The patient may also exercise his/her right to exclude any family members from participating in his/her healthcare decisions.
- To have a family member, chosen representative and/or his or her own physician notified promptly of **admission** to the hospital
- To **request or refuse treatment**. This right must not be construed as a mechanism to demand the provision of treatment or services deemed medically unnecessary or inappropriate
- To be included in **experimental research** only when he or she gives informed, written consent to such participation. The patient may refuse to participate in experimental research, including the investigations of new drugs and medical devices
- To formulate **advance directives** and have hospital staff and practitioners who provide care in the hospital comply with these directives
- To **leave the** healthcare facility against one's physician's advice to the extent permitted by law

## Access to Services

- To receive, as soon as possible, the free services of a **translator and/or interpreter, telecommunications devices**, and any other necessary services or devices to facilitate communication between the patient and the hospitals' health care personnel (e.g., qualified interpreters, written information in other languages, large print, accessible electronic formats)
- To bring a service animal into the facility, except where service animals are specifically prohibited pursuant to facility policy (e.g., operating rooms, patient units where a patient is immunosuppressed or in isolation)
- To **pastoral counseling** and to take part in **religious and/or social activities** while in the hospital, unless one's doctor thinks these activities are not medically advised
- To **safe, secure and sanitary accommodation** and a nourishing, well balanced and varied diet
- To access people outside the facility by means of verbal and written **communication**
- To have **accessibility** to facility buildings and grounds. Sunrise Hospital & Medical Center recognizes the Americans with Disabilities Act, a wide-ranging piece of legislation intended to make American society more accessible to people with disabilities. The policy is available upon request
- To a prompt and reasonable **response to questions and requests** for service
- To request a discharge planning evaluation



## Access to Medical Records

- To have his/her **medical records**, including all computerized medical information, kept confidential and to access information within a reasonable time frame. The patient may decide who may receive copies of the records except as required by law
- Upon leaving the healthcare facility, patients have the right to obtain **copies** of their medical records

## Ethical Decisions

- To participate in **ethical decisions** that may arise in the course of care including issues of conflict resolution, withholding resuscitative services, foregoing or withdrawal of life sustaining treatment, and participation in investigational studies or clinical trials
- If the healthcare facility or its team decides that the patient's refusal of treatment prevents him/her from receiving appropriate care according to ethical and professional standards, the **relationship with the patient** may be terminated

## Protective Services

- To access **protective and advocacy services**
- To be **free from restraints** of any form that are not medically necessary or are used as a means of coercion, discipline, convenience, or retaliation by staff
- The patient who receives treatment for **mental illness or developmental disability**, in addition to the rights listed herein, has the rights provided by any applicable state law
- To all **legal and civil rights** as a citizen unless otherwise prescribed by law
- To have upon request an impartial review of **hazardous treatments** or irreversible surgical treatments prior to implementation except in emergency procedures necessary to preserve one's life
- To an impartial review of alleged **violations of patient rights**
- To expect **emergency procedures** to be carried out without unnecessary delay
- To give consent to a procedure or treatment and to access the information necessary to provide such consent
- To not be required to perform **work for the facility** unless the work is part of the patient's treatment and is done by choice of the patient
- To file a complaint with the Department of Health or other quality improvement, accreditation or other certifying bodies if he /she has a concern about **patient abuse**, neglect, about misappropriation of a patient's property in the facility or other unresolved complaint, patient safety or quality concern

## Payment and Administration

- To examine and receive an explanation of the patient's **healthcare facility's bill** regardless of source of payment, and may receive upon request, information relating to the availability of known financial resources
- A patient who is eligible for **Medicare** has the right to know, upon request and in advance of treatment, whether the health care provider or health care facility accepts the Medicare assignment rate
- To receive, upon request, prior to treatment, a reasonable **estimate of charges** for medical care
- To be informed in writing about the **facility policies and procedures** for initiation, review and resolution of patient complaints, including the address and telephone number of where complaints may be filed

## Additional Patient Rights

- Except in emergencies, the patient may be **transferred to another facility** only with a full explanation of the reason for transfer, provisions for continuing care and acceptance by the receiving institution
- To initiate their own contact with the **media**
- To get the **opinion of another physician**, including specialists, at the request and expense of the patient
- To wear appropriate personal clothing and **religious or other symbolic items**, as long as they do not interfere with diagnostic procedures or treatment
- To request a **transfer to another room** if another patient or a visitor in the room is unreasonably disturbing him/her
- To request pet visitation except where animals are specifically prohibited pursuant to the facility's policies (e.g., operating rooms, patient units where a patient is immunosuppressed or in isolation)

## **Patient Responsibilities**

*The care a patient receives depends partially on the patient him/herself. Therefore, in addition to the above rights, a patient has certain responsibilities. These should be presented to the patient in the spirit of mutual trust and respect.*

- To provide accurate and complete information concerning his/her health status, medical history, hospitalizations, medications and other matters related to his/her health
- To report perceived risks in his/her care and unexpected changes in his/her condition to the responsible practitioner
- To report comprehension of a contemplated course of action and what is expected of the patient, and to ask questions when there is a lack of understanding
- To follow the plan of care established by his/her physician, including the instructions of nurses and other health professionals as they carry out the physician's orders
- To keep appointments or notifying the facility or physician when he/she is unable to do so
- To be responsible for his/her actions should he/she refuse treatment or not follow his/her physician's orders
- To assure that the financial obligations of his/her healthcare care are fulfilled as promptly as possible
- To follow facility policies, procedures, rules and regulations
- To be considerate of the rights of other patients and facility personnel
- To be respectful of his/her personal property and that of other persons in the facility
- To help staff to assess pain, request relief promptly, discuss relief options and expectations with caregivers, work with caregivers to develop a pain management plan, tell staff when pain is not relieved, and communicate worries regarding pain medication
- To inform the facility of a violation of patient rights or any safety concerns, including perceived risk in his/her care and unexpected changes in their condition

## **Visitation Rights**

*Sunrise Hospital & Medical Center recognizes the importance of family, spouses, partners, friends and other visitors in the care process of patients. We adopt and affirm as policy the following visitation rights of patients/clients who receive services from our facilities:*

- To be informed of their visitation rights, including any clinical restriction or limitation of their visitation rights
- To designate visitors, including but not limited to a spouse, a domestic partner (including same sex), family members, and friends. These visitors will not be restricted or otherwise denied visitation privileges on the basis of age, race, color, national origin, religion, gender, gender identity, gender expression, sexual orientation or disability. All visitors will enjoy full and equal visitation privileges consistent with any clinically necessary or other reasonable restriction or limitation that facilities may need to place on such rights
- To receive visits from one's attorney, physician or clergy person at any reasonable time
- To speak privately with anyone he/she wishes (subject to hospital visiting regulations) unless a doctor does not think it is medically advised
- To refuse visitors
- Media representatives and photographers must contact the hospital spokesperson for access to the hospital

# My Health

# Medication Management

Medication management is a vital part of your self-care. Upon admission, a list of prescribed medications will be given to you. This list includes the medication name, dosage, administration times, and reason for the medication administration. Your medication list will be revised as needed to show changes. Starting on the day of admission the medications are reviewed with you at each medication administration.

All medications taken while in the hospital are prescribed by your doctor and dispensed by the hospital pharmacy. Medication is administered to you by a nurse.

A self-administered medication program may be considered when you can verbalize knowledge of all medications, their usage, and the times of administration.

## Areas to consider

- Cognitive abilities: remembering when to take the medication and the ability to identify which medications to take
- Manual dexterity: the ability to open containers
- Vision: ability to see instructions
- Literacy: ability to read and comprehend instructions and precautions
- If you are cognitively and/or functionally unable to self administer medication, your family or significant other will be instructed on the medication program.



Prior to discharge, the patient and family will be informed of potential side effects, food/drug interactions, if applicable, and information relative to medical/laboratory follow-up of all prescribed medications.

# Safety First

One of our primary concerns is your SAFETY. Since each patient has different abilities and restrictions, we have established rules that must apply to all patients until the team has determined each patient's level of skill for functioning safely.



All patients are at risk for falling. For this reason, a staff person (nurse or therapist) must be with you anytime you get up and out of bed, go to or from the commode or even to stand up and stretch. It is your responsibility to seek or call for assistance. The nurse call button will be placed within reach. If you are unable to use the call button, you will be put on a schedule for bathroom use and checked on frequently.

Every patient in rehab is issued a wheelchair with seat belts that must be used at all times. Some patients have been walking before admission to our unit and do not want to use the wheelchair. However, until we are sure you are independently walking safely and are doing so properly (not developing poor techniques), the wheelchair is used for independent and safe mobility on the unit.

During your hospital stay, some patients have periods of confusion, which may be due to change in surroundings, poor eyesight, hearing loss, medication, infection, or other physical changes. For this reason, physicians and nurses may decide that safety devices are needed and closely monitored. Such devices may be in the form of seat belts or alarms. As your condition improves, we will continually assess the need for the safety device.

**Attention to your safety is a primary concern to us while you are with us at Sunrise Rehab. Please let the charge nurse know if you have any questions or concerns about safety.**

# All About Your Skin

**SKIN** is the largest organ of your body, weighing approximately six pounds and covering a total area of more than 18 square feet. It is a living growing organ like the heart and lungs and has important functions.

- It is the first line of defense for the body.
- It protects the muscles and other organs from injury.
- It is a sensory organ for touch, temperature, and pain.
- It maintains the body temperature keeping you warm or cool.

## Causes of skin problems

- Little or no feeling
- Paralysis
- Limited movement
- Difficulties in thinking or remembering
- Edema

## Reduce your risk for skin problems

- Be sure to change positions often to avoid pressure areas on certain body parts.
- Perform routine skin inspections especially at heels, sacral area, and if you are using splints or braces.
- Be careful if you spill or touch something hot. You may get burned without knowing it if your sensation is impaired.
- Avoid dry skin, but don't let your skin stay damp for long periods from sweat, bowel, or bladder accidents, and or wet clothing. This can lead to skin irritation and weaken your skin's ability to take the pressure.
- Notify your health team if any swelling occurs.
- Avoid tight, constrictive clothing. This may cause pressure and decrease circulation.
- Smooth out wrinkled sheets and clothes next to your skin to avoid areas of pressure and friction.
- Stay hydrated and well-nourished.

# About Pressure Areas

Pressure occurs from external sources over bony areas. The skin gets pinched between your bone and whatever is pushing against it. When this happens, the blood that feeds your skin and tissue underneath is cut off. If blood does not get to your skin, your skin and the tissue underneath it dies.

Pressure can cause a single reddened area that may disappear in a few minutes after the source is removed. If left unnoticed or untreated, it can progress to a deep, infected open sore resulting in a blood infection and possibly death.

If a sore develops, it can keep you from sitting in a wheelchair, going to school or work, or having an active social life, and after the pressure sore heals, the skin in that area will never be as strong as it once was. Scar tissue will always be weaker than the original tissue.

## **You need to know how to prevent pressure sores and skin breakdown.**

The first sign that a pressure sore is developing is a change in your skin color. Usually, it is red and happens over a bony area. This red area can turn into a pressure sore. Therefore, it is very important to inspect your skin for any red or darker colored areas.

If you find a red area, don't apply any pressure to that area. The redness must be gone before you sit, lie, or apply pressure to that area. For more detailed information on skin changes or pressure, ask your nurse or therapist.

## **Proper Positioning while in bed and chairs are important.**

- It can prevent skin problems or pressure areas
- It prevents contractures or tightening of your joints
- Promote comfort and rest
- Your heels and bottom are very susceptible to pressure due to bony prominences

## **Your nurses and therapists will teach you what is best for your positioning needs.**

# Your Nutrition Matters

## Well Balanced Diet

Your diet is important in maintaining your health. To ensure proper nutrition, follow your recommended diet. You will be given a menu with specific choices for your dietary needs. If you need assistance filling out your menu, the staff will be glad to help. Please make us aware of any special requests or dietary restrictions that you may have.



## Visitors: Please check with the nurse before offering food or drink to a patient.

Most patients are on diets specific to their medical needs and abilities. Some patients have difficulty chewing and swallowing and may even be at risk for food or liquids falling into the airway. Some have calorie, fluid, salt restrictions that must be followed for their recovery.

## Fluid Intake

Fluids and water are important for hydration and can prevent and treat urinary or kidney stones or infection. Fruit juices, soups, and jello are considered additional fluids. Some patients may need thickener added to fluids and supervision to promote safety in swallowing. Some patients may also have fluid restrictions due to medical conditions.

## Dietary Education

Our Rehab team and or registered dietician will instruct you and your caregiver about any specific dietary recommendations, whether restrictions in types of food or textures before discharge.

## Diabetes

This condition prevents your body from properly processing foods for use as energy. Most of the food we eat turns into glucose or sugar for our energy use. The pancreas (an organ that lies near the stomach) makes a hormone called insulin to help glucose get into the cells of our bodies. When you have diabetes, your body either doesn't make enough insulin or can't use its insulin as well as it should. This causes sugars to build up in your blood. Diabetes can cause serious health complications including heart disease, blindness, kidney failure, and lower-extremity amputations. Physical activity and diet control have been shown to help with diabetes management.

# Discharge Planning



# Homeward Bound Checklist

Create your free account at  
[www.sunrisehospital.com/myhealthone](http://www.sunrisehospital.com/myhealthone)

<b>Task</b>	<b>Reviewed</b>	<b>Note</b>
Medication.....	<input type="checkbox"/>	_____
Family Training.....	<input type="checkbox"/>	_____
Car Transfers.....	<input type="checkbox"/>	_____
Meal Preparation.....	<input type="checkbox"/>	_____
Eating.....	<input type="checkbox"/>	_____
Bathing Transfer.....	<input type="checkbox"/>	_____
Bathroom Skills.....	<input type="checkbox"/>	_____
Emergency Plan.....	<input type="checkbox"/>	_____
Home Equipment.....	<input type="checkbox"/>	_____
Home Modification.....	<input type="checkbox"/>	_____
Communication.....	<input type="checkbox"/>	_____

# Sunrise Excellence

2020

# SUNRISE HOSPITAL REHABILITATION SERVICES OUTCOMES

The **42-bed** Acute Care Comprehensive Rehabilitation Program at Sunrise Hospital and Medical Center is accredited by the Commission on the Accreditation of Rehabilitation Facilities (CARF). This means we are setting the highest standards of rehabilitative care. Here is a closer look at who we are treating.

## WHO ARE OUR PATIENTS?

**1,002**

Patients treated in 2020



**325** Brain Injuries treated in 2020 (traumatic and non-traumatic)

**216** General Rehab (includes debility, cardiac, and pulmonary)

**194** Orthopedic (LE fracture, replacement, other fractures)



**23** Spinal Cord Injuries (TSCI + NTSCI)

**143** STROKE | **63** MULTI-TRAUMA | **6** AMPUTATIONS | **24** NEUROLOGIC (NEURO + GB)



**93%** of our patients rated their overall care in rehab as "Good" to "Very Good."



**55%** MALE



**45%** FEMALE

AVERAGE PATIENT AGE

**70**



**79.3%** of patients returned home or to a home-like setting

**17.75**

average number of hours of therapy patients receive per week

**13.9**

average number of days patients stayed in rehab

2020

# STROKE OUTCOMES

## WHO ARE OUR PATIENTS?

**143**

Patients treated in 2020



**59%** MALE



**41%** FEMALE

AVERAGE PATIENT AGE

**69**



**100%** of our patients rated their overall care in rehab as "Good" to "Very Good."

**72%** of patients returned home or to a home-like setting

**17.75** average number of hours of therapy patients receive per week

**16.8**

average number of days patients stayed in rehab

2020

# PEDIATRIC OUTCOMES

## WHO ARE OUR PATIENTS?

**15**

Patients treated in 2020



**60%** MALE



**40%** FEMALE

AVERAGE PATIENT AGE

**6.6**

**17.92**

average number of days patients stayed in rehab

**at least 15**

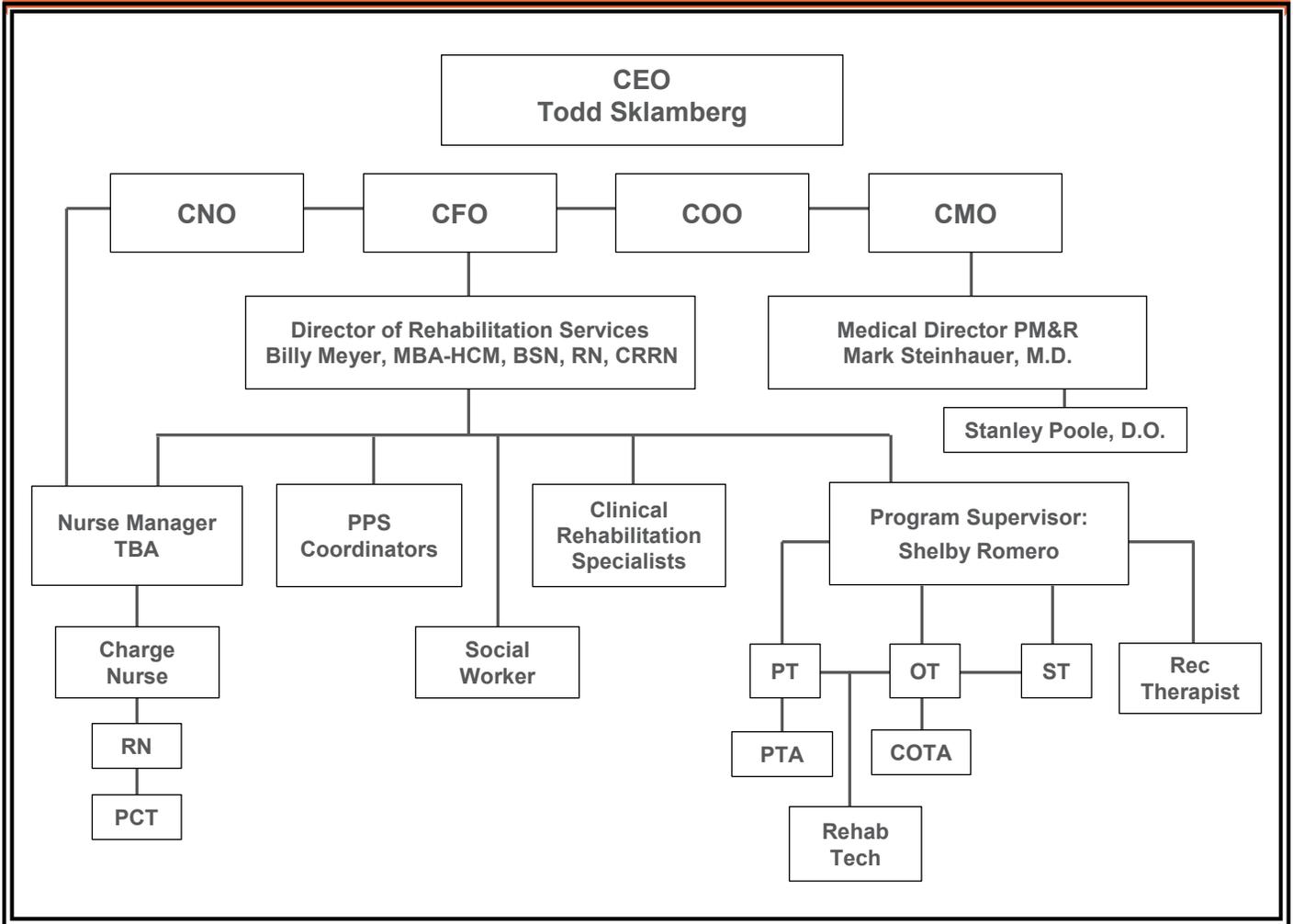
average number of hours of therapy patients receive per week

**57%** of patients returned home or to a home-like setting

**3** TRAUMATIC BRAIN INJURY | **4** NON TRAUMATIC BRAIN INJURY | **1** DEBILITY | **2** BURNS  
**1** CVA | **1** TRAUMA | **2** CRITICAL ILLNESS MYOPATHY

CONTACT SUNRISE HOSPITAL FOR MORE INFORMATION BY CALLING (702) 961-5020

# Sunrise Rehabilitation Unit



## Sunrise Excellence



In addition to our rehabilitation staff, Sunrise Hospital offers extensive resources, including emergency services, medical specialists, and advanced imaging services, should the need arise. With those services within the same property, we benefit from immediate access to highly specialized medical care not offered elsewhere.

### **CARF Certified**

(Commission on the Accreditation of Rehabilitation Facilities)

Sunrise Rehabilitation unit is the only center in southern Nevada that is CARF accredited for acute inpatient rehabilitation and as a stroke specialty center. This means we have passed a rigorous outside and objective review and meet high national standards of care. We follow the highest standards in helping patients regain physical strength and speech function. Our goal is to help our patients adapt to their new lifestyles as smoothly as possible.



### **Stroke Specialty**

Sunrise Hospital and the hospital's Nevada Neurosciences Institute (NNI) has received the American Heart Association/American Stroke Association's Gold Plus Quality Achievement Award. The award is the American Stroke Association's highest level of recognition and awarded to Sunrise Hospital for meeting the American Stroke Association's guidelines for exceptional care of stroke patients.

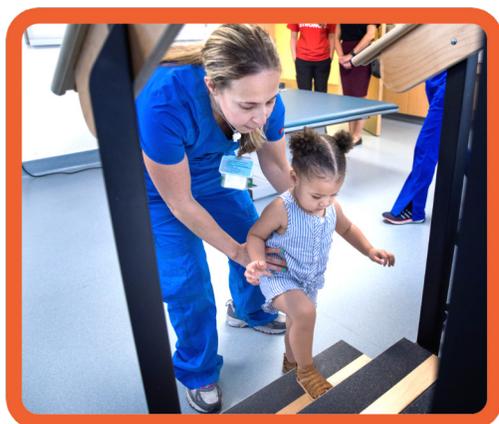
- The Nevada Neurosciences Institute-offers specialized neurological care and treatment for strokes, multiple sclerosis, epilepsy, migraines, and sleep disorders.
- Advanced Comprehensive Stroke Certification makes Sunrise's stroke program the leader in the community.
- Target Stroke Honor Role Elite award which means most of our patients receive life-saving clot busting medication to treat acute stroke within 60 minutes.
- Young Stroke Rehab program focuses on the care of patients age 18-64 who have suffered a stroke. This program is based on research showing the best care for young stroke patients. This includes intense one-on-one sessions in real-life settings such as a fully-equipped kitchen, bathroom, and patient apartment, and family and caregiver involvement and community re-integration training.

## VENT Rehab Program

In 2017, Sunrise Hospital developed the only Vent Rehab program in the state of Nevada to meet the need in our community and care for patients on ventilators.

- Specially-trained staff skilled for the unique needs of ventilator patients.
- Work closely with the ICU team and respiratory therapists to identify patients that meet the rehab admissions criteria.
- Admit patients from other hospitals
- Encourage evidence-based early mobilization.

If medically able, the goal is for ventilator weaning. For those who are ventilator dependent, we help prepare patients and families for a safe home transition.



## Pediatric Rehab

In 2018, Sunrise Hospital opened the only Pediatric Rehabilitation unit to Southern Nevada. We are connected to Sunrise Children's Hospital and support the needs of patients age 0-17 through a continuum of care.

- In-patient Rehab with individualized PT, OT, ST treatment
- Family involvement and education
- Growth and development milestones to guide treatments
- Patient transition to next level of care, including Pediatric Outpatient Therapy Services

## Level 2 Trauma Center

Sunrise Hospital is a growing Level 2 Trauma Center and opened a new tower in December 2019. This new tower holds a new Adult Emergency Room, which added 72 additional patient beds.

## LVAD Program

At Nevada's only VAD Program, if you or a family member are suffering from heart failure but do not qualify for a heart transplant, you have a lifesaving option right here in Las Vegas. A Ventricular Assist Device (also known as VAD) is a surgically-implanted mechanical device that helps maintain the pumping ability of a heart that cannot effectively work on its own.

## Comprehensive Burn & Reconstructive Center

- Serving adult and pediatric patients
- Network of interdisciplinary burn and wound care specialists
- Specialized with injuries to large-scale trauma
- Resources to respond and provide care immediately and around-the-clock.

Services at our center include burn and wound care treatment, reconstructive surgeries (including scar revision surgery and Mohs reconstruction), hyperbaric oxygen therapy (HBOT), and the care for skin and soft tissue disorders.

# WORD SEARCH

- BUFFET
- CASINO
- CHIPS
- DOWNTOWN
- ELVIS
- ENTERTAINMENT
- FREMONT STREET
- GAMBLING
- GOLDEN KNIGHTS
- HIGHROLLER
- HOOVER DAM
- LAS VEGAS STRIP
- MT CHARLESTON
- NASCAR
- NEON
- NIGHTLIFE
- POKER
- RAIDERS
- RED ROCK CANYON
- RESTAURANT
- SHOPPING
- SLOT MACHINE
- SPORTS BET
- VALLEY OF FIRE
- WEDDING CHAPEL

C	A	S	I	N	O	A	X	L	S	G	E	L	V	I	S	C	Z
M	Y	T	C	I	K	C	C	M	C	W	K	X	Q	B	K	K	S
N	H	L	A	S	V	E	G	A	S	S	T	R	I	P	I	A	I
H	I	H	R	Q	A	V	E	H	Q	C	N	T	W	Z	I	B	G
G	L	T	Z	V	S	H	O	P	P	I	N	G	P	I	K	U	G
A	F	S	H	S	R	C	T	M	O	B	V	K	S	L	L	F	P
M	H	N	N	G	Z	D	K	S	K	W	H	M	E	S	Y	F	O
B	C	E	Z	Q	D	E	I	W	E	W	L	T	A	H	W	E	R
L	A	O	S	N	A	M	F	L	R	C	O	C	I	K	X	T	V
I	B	N	Y	D	A	N	M	Z	B	E	P	H	K	D	T	Y	M
N	W	K	O	Y	A	S	Y	T	F	Y	M	A	N	B	F	Y	O
G	U	H	A	N	U	H	C	F	I	U	M	R	T	S	Q	L	U
K	I	Y	P	Q	F	U	T	A	M	A	L	L	O	P	T	I	L
N	M	H	U	P	K	S	N	P	R	J	Q	E	J	O	F	L	G
H	O	O	V	E	R	D	A	M	E	S	S	S	O	R	Y	E	O
S	N	E	I	H	K	K	I	C	O	S	B	T	Z	T	K	R	L
L	N	O	O	Y	S	K	Y	J	A	J	N	O	I	S	O	B	D
R	E	D	R	O	C	K	C	A	N	Y	O	N	F	B	D	K	E
J	U	L	U	N	J	W	C	H	E	N	X	A	C	E	A	Y	N
Z	D	E	N	T	E	R	T	A	I	N	M	E	N	T	B	V	K
F	A	Z	Y	S	C	A	O	T	R	W	E	C	R	P	H	V	N
K	R	U	Z	I	Z	I	J	R	D	U	F	B	T	A	L	Q	I
D	E	Y	I	P	J	D	S	J	V	O	A	C	B	U	V	C	G
T	S	B	Z	K	L	E	T	V	D	Z	W	V	Z	Y	B	D	H
Q	T	H	Q	D	Z	R	S	N	D	K	E	N	O	I	E	L	T
Q	A	I	I	Y	I	S	C	V	Q	Z	D	E	T	I	K	I	S
M	U	U	H	Z	F	V	S	T	O	D	Z	F	I	O	I	E	Y
F	R	E	M	O	N	T	S	T	R	E	E	T	K	U	W	M	W
D	A	H	K	Z	I	L	Z	C	Y	S	F	N	S	T	E	N	O
I	N	L	O	W	G	X	M	R	U	U	X	E	A	B	L	M	Q
A	T	D	U	G	H	N	R	H	I	G	H	R	O	L	L	E	R
O	K	B	R	V	T	K	T	M	G	Y	S	B	N	O	H	K	C
P	S	A	A	E	L	B	Y	A	X	Q	B	Z	T	U	N	B	U
A	W	E	D	D	I	N	G	C	H	A	P	E	L	G	L	V	T
W	D	D	X	R	F	Z	Y	I	E	H	N	C	Z	P	C	Z	C
R	K	M	D	J	E	M	Y	G	R	W	W	C	Q	B	U	K	F
R	P	P	D	E	D	A	K	G	O	Q	S	H	H	X	C	I	A
S	L	O	T	M	A	C	H	I	N	E	R	Y	E	I	L	U	D
H	I	F	T	A	I	D	D	R	T	U	A	D	D	S	P	Z	L
O	V	A	L	L	E	Y	O	F	F	I	R	E	Y	Q	T	S	O

## Channel Guide

#	#	#	#
2	Cox Las Vegas Gvrnmnt. Access	22	HLN HD
3	NBC Las Vegas	23	Nickelodeon HD
4	Cable access 4	24	FX HD
5	Fox 5 Las Vegas	25	The Discovery Channel HD
6	The CW HD	26	Lifetime HD
7	TBS HD	27	BET HD
8	CBS Las Vegas	28	Disney Channel HD
9	Telemundo	29	Spike TV HD
10	PBS Las Vegas	30	ESPN HD
11	QVC HD	31	COX Las Vegas ESPN 2 B/O HD
12	MY TV Las Vegas	32	A&E Network HD
13	KTNVDT	33	The Learning Channel HD
14	Action Channel	34	USA Network HD
15	Univision	35	CNBC HD
16	WGN America West HD	36	E! Entertainment Television HD
17	HSN HD	37	MTV – Music Television HD
18	Turner Network TV HD	38	NBC Sports Network HD
19	MSNBC HD	39	VH1 HD
20	CNN HD	40	Turner Classic Movies HD
21	Fox News Channel	41	TV Land HD
		42	Food Network HD
		43	History HD
		44	The Weather Channel HD
		45	Syfy HD
		46	Cartoon Network HD
		47	The Travel Channel HD
		48	Metro 48 Cable Las Vegas
		49	Fox Sports West HD
		50	Prime Ticket Las Vegas HD
		51	ION Television Satellite Feed
		52	AMC HD
		53	Bravo HD
		54	truTV HD
		55	Home & Garden Television HD
		56	Comedy Central HD
		57	Country Music Television HD
		58	Animal Planet HD
		59	Freeform HD
		62	Galavision Cable Network HD
		63	Azteca America
		64	UniMas
		65	Spectrum Deportes
		66	Spectrum SportsNet HD
		67	Oprah Winfrey Network
		68	National Geographic HD
		69	MoviePlex HD
		70	Newborn Spanish
		71	Patient Channel
		72	Newborn English
		73	Education Channel 5
		74	Education Channel 6
		75	Education Channel 7
		76	Education Channel 8
			Univision
		77	Deportes Network
		89	C.A.R.E.
		94	Fox Business HD
		95	FXX HD
		96	YurView Las Vegas HD
		97	Heartland
		108	COX Las Vegas CXLV1

# Nursing



Commitment



CARING

# Teamwork



Dedication



Knowledge

# Therapy

