



A Sunrise Health System Hospital

Welcome to the Rehabilitation Unit

**Above all else,
we are committed
to the care and
improvement of
human life.**



**We set the
standard of
excellence
every day.**

at Sunrise Hospital

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It is our privilege to take care of you and provide you with a very good experience. Together we are a team.

This includes your doctors, nurses, therapists, social workers and you. You are the most important member of the team.



Please sign below to signify ownership of this booklet.

Patient Signature

Date

We hope this will be a helpful resource for you and your family to answer questions about rehab. As we continue with your rehab program, please use this book for reference and notes, including health condition information, home exercise programs, or homework assignments, so that all the information is easily accessible.

Write Your Team Member Names Below:		
Charge Nurse		
Nurse		
Patient Care Technician		
Occupational Therapist		
Physical Therapist		
Speech Therapist		
Therapy Assistants		
Social Worker		
Physician		

About Me:

My contact person is: _____ Relation: _____

Contact phone: _____

My Questions:

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

To Our Valued Patients and Families

Welcome to the Sunrise Hospital Rehabilitation Unit!

We are honored that you have chosen us to provide care for you or your loved one. For over 35 years, Sunrise Hospital has been a trusted provider of exceptional rehabilitation services to the Las Vegas community and surrounding areas. Our commitment to excellence has earned us awards and recognitions, reflecting our dedication to outstanding outcomes and core values.

At Sunrise Rehab, we offer a comprehensive rehabilitation program designed to help you regain your highest level of function. Together, we'll work toward your recovery goals, combining your determination with the expertise of our skilled rehab team.

Our priority is to ensure you have the best possible experience throughout your journey with us. Please don't hesitate to share how we can support you in achieving your goals. We look forward to partnering with you to restore your quality of life.

Thank you,

Sunrise Rehab staff



**Our inpatient
rehabilitation
program
a recipient of
the HCA Unit of
Distinction
Award.**



Our location



Website

www.sunrisehospital.com

Use the QR code below
to view our webpage!



Conveniently located
3.5 miles to/from the
Harry Reid International
Airport.

10 minutes east of the
famous Las Vegas Strip.

Address

Sunrise Hospital &
Medical Center
Attn: Rehab
3186 S. Maryland Pkwy
Las Vegas, NV 89109

Phone Numbers

Main
702-961-5000

Rehab Nursing Desk
702-961-6930

Rehab Admissions
702-961-6940



TOWER 1

Floor	Unit	
1	Labor and Delivery Triage	LT01-LT11
1	Labor and Delivery (L&D)	1001-1022
2	Neonatal Intensive Care Unit (NICU) Pods 1-4	2001-2051
2	Neonatal Intensive Care Unit (NICU) Pods 5-6	2101-2121
3	Mother Baby Unit (MBU)	3001-3029
3	Mother Baby Unit (MBU) Pediatrics (Peds)	3030-3042
4	Pediatrics (Peds)	4001-4032
5	Pediatric Intensive Care Unit (PICU)	5001-5024
5	Pediatric Cardiac Intensive Care Unit (CICU)	5101-5114

TOWER 2

Floor	Unit	
2	Neonatal Intensive Care Unit (NICU) Pods 5-6	2101-2121
VISITORS ENTER THRU NICU TOWER 1		
3	Burn Surgical Unit (BSU)	3101-3123
4	Medical Surgical Unit (MSU)	4101-4123
5	Pediatric Cardiac Intensive Care Unit (CICU)	5101-5114
VISITORS ENTER THRU PICU TOWER 1		

TOWER 3

Floor	Unit	
2	Comprehensive Medical Unit (CMU)	i201-i241
2	Medical Intensive Care Unit (MICU)	i242-i275
3	Inpatient Rehabilitation (RH)	RH01-RH42
3	Outpatient Observation Unit (OOU)	OU01-OU38
4	Medical Pulmonary Unit (MPU)	4510-4545
4	Medical Observation Unit (MOU)	4501-4509 4546-4554 4601-4658
5	Trauma Care Services (TCS)	5510-5545
5	Neurology Stroke Services (NSS)	5501-5509 5546-5554 5601-5654

TOWER 4

Floor	Unit	
2	Trauma Surgical Intensive Care Unit (TSICU)	2801-2836
3	Surgical Suites (SS)	3801-3836
4	Medical Cardiac Unit (MCU)	4801-4836
5	Adult Oncology Services (AOS)	5801-5816
5	Neurosciences Intensive Care Unit (NSICU)	5817-5836

TOWER 6

Floor	Unit	
2	Cardiovascular Intensive Care Unit (CVICU)	6201-6210
2	Burn Intensive Care Unit (BICU)	6211-6220
2	Cardiac Care Unit (CCU)	6221-6242



A Sunrise Health System Hospital

	Elevators		Vending Machine
	Bathrooms		ATM
	Entry Door		SUBWAY
			Peet's

The Rehab Unit is located on the third floor of Tower 3.

Conference Room	Public Restroom	NORTH HALLWAY	ELEVATORS	SOUTH HALLWAY	Physical Therapy Gym 3
Conference / Recreation Room			Breeze Way		36 / 37
34 / 35			Kitchen		38 / 39
33			Public Restroom		40
31 / 32			Breeze Way		Clean Room
ADL Suite			Nurses Station		41 / 42
Emergency Exit Stairway			Electrical		Therapy Staff Office
Nurse Manager			Medical Director		Office
Social Workers			Supply Room		1 / 2
Physical Therapy Gym 2			Soil Room		3
Physical Therapy Gym 1			Linen Closet		Dining Room
OT Therapy Room			Shower		4
30 Apt			Storage		5
28 / 29			ELEVATORS		6 / 7
27			Staff Lounge		8
26			Locker Room		9
24 / 25			Staff Restroom		10 / 11
23			Wheel Chair Storage		12
22			PPS Coordinators		13
20 / 21			Breeze Way		14 / 15
19			CRS		16
18			Speech		17
			Electrical Room		
			Speech		
			Laundry Room		
			Lead Therapist		
			Public Restroom		
			Therapy Manager		
			Rehab Director		
			Restroom / Shower		
			Medication Room		
			Breeze Way		
			Nursing Station		
			Exam Room		
			Telephone Room		
			Supply Room / Nutrition		
			Breeze Way		
			EVS Supply Room		
			Tub Room		
			Restroom Shower		
			Soiled Utility Room		
			Linen Closet		
			WC Supplies		
			Breeze Way		
			Stairs / Exit		

Medical Team

Medical Director

Since 1986, Dr. Mark Steinhauer M.D. has been a board-certified physiatrist (a specialist trained in physical medicine and rehabilitation), and has been medical director here at Sunrise Rehab since 2012. He brings a passion for helping persons with serious injury or illness back to independent mobility and function. Rehabilitation is exercise, and exercise is great medicine. We cannot always control getting sick or injured, but we can control our efforts to recover and improve our physical abilities through participation in therapies. This is not easy, you feel bad and may be exhausted, but Dr. Steinhauer and the Rehab team are here to ease the burden and guide you to success.



Dr. Steinhauer is on faculty with the Sunrise Health Graduate Medical Education PMR department and in addition to working with Dr. Steinhauer, you will have extra attention from the PMR residents.

While in medical school Dr. Steinhauer started running and continues to run daily to “practice what he preaches.”

Physical Medicine and Rehabilitation Physicians



Dr. Poole is a board-certified physician in the specialty of Physical Medicine and Rehabilitation. He has been practicing inpatient Rehab and Pain Medicine here at Sunrise Hospital since 2017. He is also a Clinical Professor of the Sunrise Health GME Consortium PM&R residency training program, which he helped found.

Dr. Poole enjoys traveling the world, surfing, live music, and lounging with his English Bulldog, Jags.



Dr. Park is a board-certified physician and specializes in Physical Medicine & Rehabilitation. She graduated from medical school in South Korea and had her residency training here in Las Vegas which she is now happy to call home.

Dr. Park enjoys spending her free time with her family and children.

Interdisciplinary Team



“

Staff always treated me with kindness and care and they did it with a smile.

Patient – Press Ganey Survey



Sunrise Rehab was awarded the Top Performing Rehab among all of HCA for years 2021 and 2022.



Occupational Therapists (OT)

Provide training in daily living activities, coordination, and home management skills.

- Eating
- Grooming and dressing
- Toileting
- Bathing & personal hygiene
- Meal planning and preparation
- Returning to work
- Housecleaning, laundry and basic home maintenance
- Cell phones and computers
- Managing finances
- Driving and navigating public transportation
- Shopping
- Childcare tasks



Physical Therapists (PT)

Work with you to improve strength, endurance, balance, coordination and mobility.

- Walking
- Wheelchair propelling
- Transfer in and out of bed
- Assistive devices
- Stair training
- Car transfers
- Walking on various terrain
- Balance / Coordination - standing and sitting upright
- Retrain muscle groups
- Motor control
- Endurance training
- Increase range of motion
- Strengthening
- Home exercise program



Speech Therapists (ST)

Train in communication, comprehension, and swallowing. Establish safe strategies for eating and nourishment.

- Articulation
- Language
- Fluency
- Voice
- Reading comprehension
- Written expression
- Gestures and facial expression
- Augmentative devices
- Sign language
- Communication boards
- Computers
- Confusion and disorientation
- Impaired perception
- Impaired attention
- Memory



Nursing

Team members include Certified Rehabilitation Registered Nurses (CRRN), RNs, and Patient Care Technicians who provide around-the-clock care for you.

- Health perception / health management
- Medication management
- Nutrition
- Bowel and bladder function
- Sleep and rest
- Self-perception
- Role relationship
- Sexuality / Intimacy
- Coping / stress management
- Value / belief system
- Cultural considerations



Social Worker MSW

Provide you and your caregiver with support and resources for your Rehab Program. Prepare you for discharge and a safe transition from the hospital.

- Psychosocial assessment
- Patient / Family Education
- Emotional support
- Arrange for (DME) durable medical equipment needs
- Coordinate home medical services
- Community resources
- Patient advocacy
- Provide information on insurance coverage related to your rehab stay
- Assist with discharge travel needs

“

Thank you to the best Rehab Team ever! You have been great and I really appreciate all of your efforts and hard work to get me in a position to fly home.

Patient Letter

“

I received excellent care from all staff. They went above and beyond any level of care I could have expected.

Patient – Press Ganey Survey

Admissions Clinical Rehab

Specialists (CRS) are trained clinicians that identify patients who would benefit from our intense rehab program and meet the admission criteria.

Advanced Wound Care Team

(AWCT) are therapists and nurses specialized in providing care for wounds such as post-surgical incisions, and other complex skin conditions.

Dialysis is available in-house at Sunrise 24/7 for routine and critical needs. A nephrologist will coordinate your care.

Dietitians make recommendations for your nutrition and provide education based on your medical condition and individual needs.

Housekeeping is provided by our professional environmental service team and engineering staff throughout your stay to provide a clean, safe environment.

Pet Therapy offers social and emotional support and comfort. Registered therapy dogs and their handlers regularly visit the Rehab unit.

Psychology services are available for coping skills, stress management, family role changes, and emotional well-being.

Respiratory Therapists help with breathing treatments and monitoring the use of oxygen if you are suffering from a chronic respiratory disease or have trouble breathing after a sudden event.

Spiritual Support is available with Sunrise Hospital's in-house Chaplain. A Catholic priest, Rabbis and other clergymen can be contacted at your request. For more information please consult with the charge nurse.

VENT Rehab Program

in 2017, Sunrise Hospital developed the only Vent Rehab program in the state of Nevada to meet the need in our community and care for patients on ventilators.

- Specially-trained staff skilled for the unique needs of ventilator patients.
- Work closely with the ICU team and respiratory therapists to identify patients that meet the rehab admissions criteria.
- Admit patients from other hospitals
- Encourage evidence-based early mobilization.

If medically able, the goal is for ventilator weaning. For those who are ventilator dependent, we help prepare patients and families for a safe home transition.

“

The staff did a very good job of making me feel safe and secure.

Patient – Press Ganey Survey

Advanced Technology and Equipment

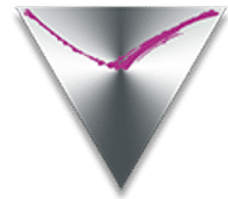
The Sunrise Rehab Team uses innovative technology to provide you with the highest level of rehabilitative treatment, including advanced evidence-based techniques like Virtual Reality (VR) equipment and applications, wearable digital sensors, and electrical stimulation devices for hand and foot.



LiteGait®



mobility research



VITALSTIM®



Teamwork

Patient and Family Education and Training

Patient and family education and training are key components to your safe and successful discharge home. Throughout your stay, the rehabilitation team provides this service consisting of verbal and written information, demonstration, and hands-on practice of skills.

These individualized training sessions are offered to you, your family, and your caregivers and may include instructions for medication management, dietary guidance, transfers, walking, balance, positioning, bathing, home management, and other functional tasks.

It is our goal to empower you to be as independent and safe as possible when you discharge from the Sunrise Rehabilitation unit.

“

A big HUGE thank you for taking such great care of my mom and making this difficult journey for her easy. You all are such caring and thoughtful people and put so much effort and energy into taking care of your patients.

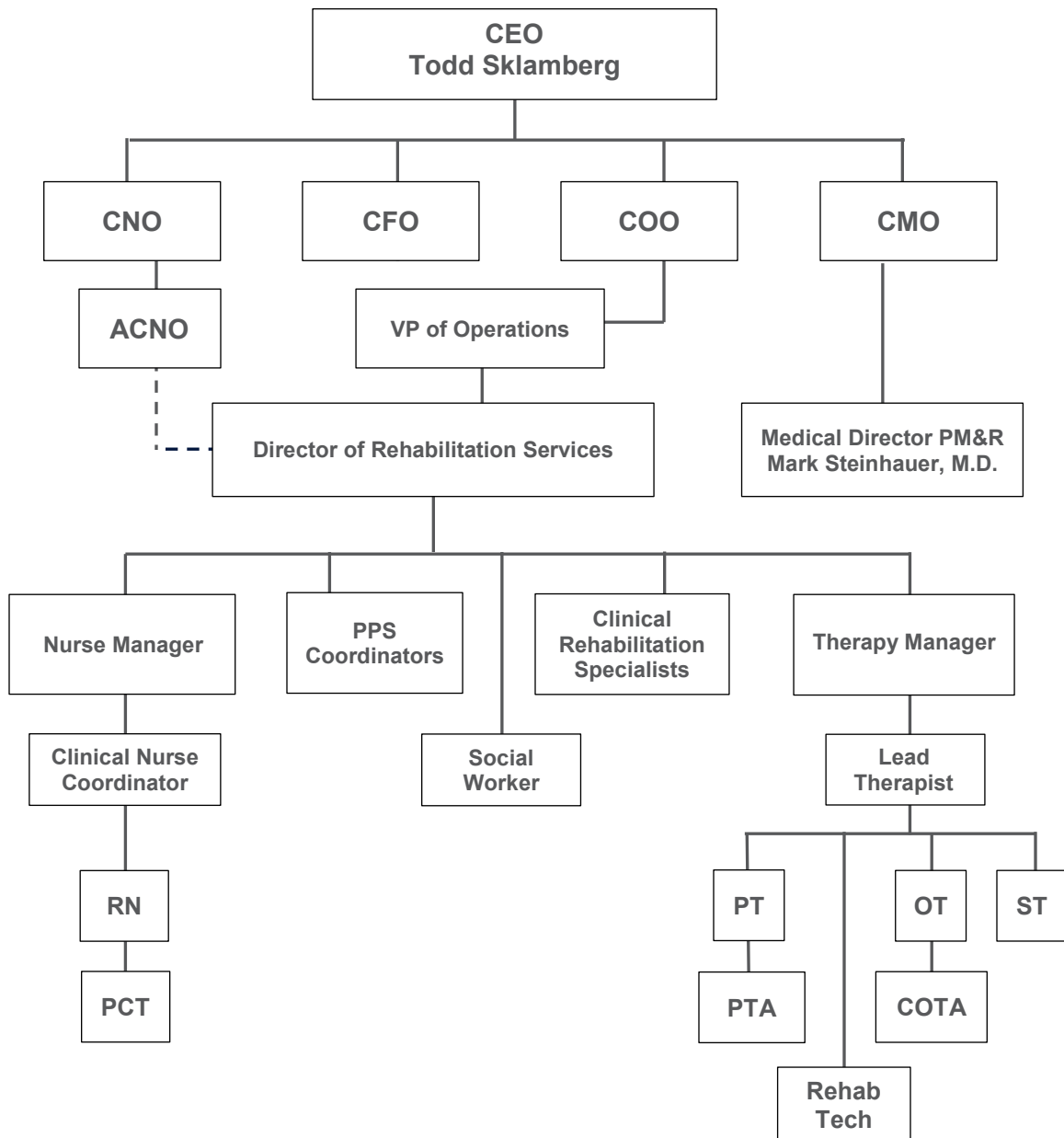
Patient Family Member – 2024

Equipment Needs

In order for you to return home safely and as independently as possible, you may require the use of special equipment such as a: rolling walker, wheelchair, bath bench, bedside commode, reacher, sock aid, and long shoehorn. Other necessary equipment may include communication devices and a blood sugar monitor.

Therapists and nurses work together to determine your equipment needs. If there are accessibility concerns, this process may include completing a home evaluation. Advice on home modifications may be offered. Some equipment is covered by insurance. Therapists and social workers provide information to you and your family on how to obtain any necessary equipment.

Sunrise Rehabilitation Unit



Preparing for Admission



What to Bring to Rehab

We recommend that you bring a one-week supply of everyday clothing for your rehabilitation stay at Sunrise Hospital. For your convenience, laundry facilities are available on the Rehab unit. The following are some tips to help in your selection of clothing and other items.

Pants: Comfortable, loose-fitting pants with elastic waists.

Shirts: Loose-fitting or stretch type shirts. Short sleeves are preferred.

Sweaters: Loose-fitting sweater or a light jacket. Though rooms are climate controlled, some areas on the unit might be too cool for you.

Undergarments: Whatever is normally worn, but they should not be binding.

Sleepwear: Warm and comfortable. Socks or booties are encouraged.

Footwear: Stretch socks. Flat shoes with non-slip soles. Light-weight tennis or jogging shoes are best.

Personal Aids: Items such as eyeglasses, dentures, hearing aids, prostheses, braces, etc.

Hygiene: As needed from the following: brush/comb, toothbrush, toothpaste, denture cleaner and/or adhesive, mouthwash, deodorant, shaving cream, hairdryer, makeup, curlers, special soaps, special shampoo, razor.

Personal Effects: Items you may want for personal comfort or to personalize your environment such as pictures, flowers, reading materials, watch, note pad, etc.

Food Items: Patients who are on regular diets may enjoy food brought in by family or friends. Patients on special diets, such as diabetic diet, should check with their nurse before consuming any foods not provided by the hospital.

What to Expect During Your Inpatient Rehab Stay

Therapy Schedule

We provide intense therapy 7 days a week, consisting of at least 15 hours weekly. Therapy treatments are typically 3 hours spread throughout the day. Your team will customize a plan based on your medical needs. All therapy sessions are one-to-one individualized treatment sessions.

Your daily therapy schedule is posted on the boards near the nurse's station. Therapy treatments are mandatory. Please notify staff if you have questions or requests for your therapy schedule. Your schedule may be subject to change.

Communication Boards

Boards are located in each patient room which note your specific needs. They are updated daily to reflect your status and give you and your family information on your progress.

Therapeutic Authorized Community Outings (TACO)

A therapeutic pass may be part of your program. This session allows you to practice new skills learned in therapy outside of the Rehab unit. This daytime session may take place in your home or elsewhere in the community. A TACO requires a written order by your physician.

Team Conference

A weekly conference is held with your Rehab doctor, nursing and therapist team, and social worker to discuss your progress and goals.

Discharge Planning

Your team members will assist you with your discharge plan, and ensure you have a smooth transition to home or the next level of care. Your unique needs will be considered to address follow-up medical appointments, medical equipment, medication prescriptions, and follow-up therapy services.

Graduation Day

We celebrate your accomplishments in Rehab with a Graduation day which is usually the day before or day of your discharge from the hospital. This allows you to show off all the hard work you have put into your recovery by demonstrating your new skills and capabilities. We record this information and compare it to your admission assessment to determine your progress completion of your program.



Helpful FAQs about the Sunrise Rehab Unit

Visitors

All visitors must provide your 4-digit visitation code when checking in. You will be given this code upon admission and should only share the code with your approved visitors.

We believe that your family and friends are a very important part of your recovery. Family and visitors are encouraged to visit during non-therapy times as therapy takes priority over visiting. At no time are visitors to assist patients with walking or transfers unless they have been trained by the therapist assigned to the patient.

Adult Hospital visiting hours are between 4:30am and 9:00pm. Overnight stay begins at 9:00pm for patient's in a private room. No overnight visitors for patients in a semi-private room.

Please keep in mind that visiting hours are subject to change. Children under the age of 18 must be accompanied by a guardian at all times.

In the event of flu, flu-like symptoms, colds, or any contagious diseases, the hospital asks that family/friends refrain from visiting until symptom-free for at least three days. Visitors are asked to practice infection control precautions by using designated hand sanitizer and sinks for handwashing throughout patient care areas. Visitors will also be required to wear personal protective equipment when visiting patients in isolation. Signs located outside of the patient room will alert you for protective equipment, gloves, masks, and gowns. Thank you for your cooperation.

Parking

General parking and valet services are available on campus.

Meals

Your breakfast is served starting at 7:30 a.m., lunch at 11:30 a.m., and dinner at 4:30 p.m.* A menu will be provided so you may make your selections. There is a patient dining room on the Rehab unit. Families and visitors may purchase food in the hospital cafeteria. Please have your family/friends check with the nurse or dietitian before they bring any food for you. **Meal times are subject to change based on therapy schedules.*

Telephone Calls

Family and friends may reach you by calling the hospital at 702-961-5000 and giving the operator your room number. The Rehab charge desk phone number is 702-961-6930. When family or friends call for any of your in-depth information, they must have the HIPPA access code that you have selected.

Telephones are provided for you at your bedside.

Valuables

Money should be sent home with your family or locked in the safe through the Public Safety Department. Jewelry and other valuables are discouraged and we strongly suggest sending them home. The hospital is not responsible for any personal items lost.

Medications

All medications brought from home must be approved by your physician, verified by pharmacy, and labeled accordingly.

Non-Smoking Facility

Sunrise Hospital and Medical Center is a smoke-free campus. We encourage non-smoking for all of our patients.

Smoking and vaping are not permitted indoors or outside on hospital property.



Alcohol and Drugs

Unauthorized alcoholic beverages or drugs are strictly forbidden. The non-prescribed use may result in immediate discharge.

Interpretation Services

Translation services are available and may be provided over the phone or by video. Sign language is also provided and TTY services are available for the hearing impaired. Please contact the charge nurse for any questions.

Clothing and Laundry

All Rehab patients are encouraged to be dressed in their everyday clothing unless extenuating circumstances exist. Comfortable and easily laundered clothing that buttons or zips up the front or pullover style is recommended. Shoes should be rubber-soled and provide good support. Please mark all clothing with your name to prevent loss. Your family or caregivers are responsible for making sure that you have at least a couple of changes of clean clothes. If this is not possible (no family or too far away), attempts will be made to provide you with hospital clothing.

Personal Electronics

These items are to be turned off at a reasonable time so that you and your neighbors may rest. Guest access Wi-Fi is available. Chargers are not available. Please be considerate of others and use headphones whenever possible.

Video recording with your personal device is PROHIBITED.



Note: Though we try to protect your personal belongings from loss or damage, we do request that you not hold us RESPONSIBLE in the event that loss or damage should occur.

iMobile

Sunrise relies on the latest technology for your care. You may see staff using cellular phones. These phones ensure staff remain updated on your care and allow for streamlined communication between staff members. These phones only work on the internal network within the hospital.

Patient safety and satisfaction are our top priority at Sunrise Hospital & Medical Center. Have a question or concern? If you'd like to share and/or speak with someone, please contact our Patient Advocate:

- Patient Advocate Hotline: (702) 961-9430
- Patient Advocate Email: SUNR.PatientAdvocate@hcahealthcare.com

Be sure to leave your name and patient's full name (if you're not the patient), date of visit or admission, and best daytime phone number where you may be reached. A hospital leader will follow up with you shortly.

Sunrise Hospital Amenities and Resources



Onsite Dining

The **Sunrise Café** is located on the main floor of the adult hospital and serves hot entrées and to-go items. Café hours are seven days a week, 6:00 am – midnight.

Starbucks is located in the main lobby serving gourmet coffees and various pastries.

Subway Sandwich Shop is conveniently located on the main floor and is open 24 hours a day, seven days a week. Call ahead to (702) 733-8020 or use the Subway app to order and your food will be ready when you arrive. For directions to Subway please ask staff or follow signage.

Peets Coffee is located in the children's hospital lobby serving gourmet coffees and beverages.

Nearby Restaurants (Walking Distance)

Applebee's

3340 S Maryland Pkwy
Phone: (702) 737-4990

Denny's

3081 S Maryland Pkwy
Phone: (702) 734-1295

Boulevard Mall

Located on the corner of Maryland Pkwy and Desert Inn
Phone: (702) 631-4645

- *Please note: Possible dietary restrictions do not allow for outside food deliveries.*
- *Hospital staff members are not permitted to deliver or pick up food for patients.*

ATMs/Banks

There are ATMs located in the Sunrise Cafe and Sunrise Children's Hospital Emergency Room. There are also nearby branches of Wells Fargo, Bank of America, and Chase within walking distance.

Lodging

If you are visiting Sunrise Hospital & Medical Center from another community or state, please refer to the Patients & Visitor section of our hospital website at <https://sunrisehospital.com> for a list of nearby hotels that may also offer special rates for guests of Sunrise.

Wi-Fi Access

To connect to HCA's Wi-Fi wireless High-Speed Internet service, follow these simple steps:



1. Start with your Wi-Fi enabled device turned off.
2. Turn your device on and ensure that it is connected to the "Guest_Access" SSID / Network Name.
3. Launch your web browser. You should see the "Guest Network" Welcome Page. If you do not see the "Guest _ Network" Welcome Page, you may need to configure the SSID or Network Name to "Guest Access".

CARE Cart

Our CARE Cart is an example of our commitment to making sure that your stay in our hospital is as comfortable as possible. We provide reading materials and puzzles to help pass the time, items to encourage quietness and rest, along with a variety of toiletries, all free of charge. Should you miss the cart, please contact the front desk at (702) 961-9256 and a hospital volunteer will be happy to help you.

Notary Services

Patients and guests in need of notary services such as medical or financial power of attorney can call:

Bee Right There Notary Service - Phone: (702) 716-7477

Notary About Town - Phone: (702) 321-4128

Please know the notary will verify with the nursing staff that the patient is capable to execute logical judgment and sign any legal paperwork on their behalf.

Valet

Take advantage of complimentary valet services at the front, main entrance.
(Service and hours subject to change.)

Hours of Operation

Main Entrance: Monday - Friday: 5:00 am - 9:00 pm

After hours, you can retrieve your keys at the Security Desk located in the Emergency Department or call (702) 961-8350

Gift Shop

Flowers, books, toys, snacks, and much more can be found in our lovely gift shop, located in the hospital's main lobby.



Additional information is available at www.sunrisehospital.com.



Patient Rights

Sunrise Hospital and Medical Center respects the dignity and pride of each individual we serve. We comply with applicable Federal civil rights laws and do not discriminate on the basis of age, gender, disability, race, color, ancestry, citizenship, religion, pregnancy, sexual orientation, gender identity or expression, national origin, medical condition, marital status, veteran status, payment source or ability, or any other basis prohibited by federal, state, or local law. Each individual shall be informed of the patient's rights and responsibilities in advance of administering or discontinuing patient care. We adopt and affirm as policy the following rights of patient/clients who receive services from our facilities:

Considerate and Respectful Care

- To receive **ethical, high-quality, safe and professional care** without discrimination
- To be free from all forms of **abuse and harassment**
- To be treated with **consideration, respect and recognition** of their individuality, including the need for privacy in treatment. This includes the right to request the facility provide a person of one's own gender to be present during certain parts of physical examinations, treatments or procedures performed by a health professional of the opposite sex, except in emergencies, and the right not to remain undressed any longer than is required for accomplishing the medical purpose for which the patient was asked to undress

Information regarding Health Status and Care

- To be **informed of his/her health status** in terms that patient can reasonably be expected to understand, and to participate in the development and the implementation of his/her plan of care and treatment
- The right to be informed of the **names and functions** of all physicians and other health care professionals who are providing direct care to the patient
- The right to be informed about any **continuing health care requirements** after his/her discharge from the hospital. The patient shall also have the right to receive assistance from the physician and appropriate hospital staff in arranging for required follow-up care after discharge.
- To be informed of **risks, benefits and side effects** of all medications and treatment procedures, particularly those considered innovative or experimental
- To be informed of all appropriate **alternative treatment procedures**
- To be informed of the **outcomes** of care, treatment and services
- To appropriate assessment and **management of pain**
- To be informed if the hospital has authorized other health care and/or education institutions to participate in the patient's treatment. The patient shall also have a right to know the identity and function of these institutions, and may refuse to allow their participation in his/her treatment

Decision Making and Notification

- To choose a person to be his/her **healthcare representative and/or decision maker**. The patient may also exercise his/her right to exclude any family members from participating in his/her healthcare decisions.
- To have a family member, chosen representative and/or his or her own physician notified promptly of **admission** to the hospital
- To **request or refuse treatment**. This right must not be construed as a mechanism to demand the provision of treatment or services deemed medically unnecessary or inappropriate
- To be included in **experimental research** only when he or she gives informed, written consent to such participation. The patient may refuse to participate in experimental research, including the investigations of new drugs and medical devices
- To formulate **advance directives** and have hospital staff and practitioners who provide care in the hospital comply with these directives
- To **leave the** healthcare facility against one's physician's advice to the extent permitted by law

Access to Services

- To receive, as soon as possible, the free services of a **translator and/or interpreter, telecommunications devices**, and any other necessary services or devices to facilitate communication between the patient and the hospitals' health care personnel (e.g., qualified interpreters, written information in other languages, large print, accessible electronic formats)
- To bring a service animal into the facility, except where service animals are specifically prohibited pursuant to facility policy (e.g., operating rooms, patient units where a patient is immunosuppressed or in isolation)
- To **pastoral counseling** and to take part in **religious and/or social activities** while in the hospital, unless one's doctor thinks these activities are not medically advised
- To **safe, secure and sanitary accommodation** and a nourishing, well balanced and varied diet
- To access people outside the facility by means of verbal and written **communication**
- To have **accessibility** to facility buildings and grounds. Sunrise Hospital and Medical Center recognizes the Americans with Disabilities Act, a wide-ranging piece of legislation intended to make American society more accessible to people with disabilities. The policy is available upon request
- To a prompt and reasonable **response to questions and requests** for service
- To request a discharge planning evaluation



Access to Medical Records

- To have his/her **medical records**, including all computerized medical information, kept confidential and to access information within a reasonable time frame. The patient may decide who may receive copies of the records except as required by law
- Upon leaving the healthcare facility, patients have the right to obtain **copies** of their medical records

Ethical Decisions

- To participate in **ethical decisions** that may arise in the course of care including issues of conflict resolution, withholding resuscitative services, foregoing or withdrawal of life sustaining treatment, and participation in investigational studies or clinical trials
- If the healthcare facility or its team decides that the patient's refusal of treatment prevents him/her from receiving appropriate care according to ethical and professional standards, the **relationship with the patient** may be terminated

Protective Services

- To access **protective and advocacy services**
- To be **free from restraints** of any form that are not medically necessary or are used as a means of coercion, discipline, convenience, or retaliation by staff
- The patient who receives treatment for **mental illness or developmental disability**, in addition to the rights listed herein, has the rights provided by any applicable state law
- To all **legal and civil rights** as a citizen unless otherwise prescribed by law
- To have upon request an impartial review of **hazardous treatments** or irreversible surgical treatments prior to implementation except in emergency procedures necessary to preserve one's life
- To an impartial review of alleged **violations of patient rights**
- To expect **emergency procedures** to be carried out without unnecessary delay
- To give consent to a procedure or treatment and to access the information necessary to provide such consent
- To not be required to perform **work for the facility** unless the work is part of the patient's treatment and is done by choice of the patient
- To file a complaint with the Department of Health or other quality improvement, accreditation or other certifying bodies if he /she has a concern about **patient abuse**, neglect, about misappropriation of a patient's property in the facility or other unresolved complaint, patient safety or quality concern

Payment and Administration

- To examine and receive an explanation of the patient's **healthcare facility's bill** regardless of source of payment, and may receive upon request, information relating to the availability of known financial resources
- A patient who is eligible for **Medicare** has the right to know, upon request and in advance of treatment, whether the health care provider or health care facility accepts the Medicare assignment rate
- To receive, upon request, prior to treatment, a reasonable **estimate of charges** for medical care
- To be informed in writing about the **facility policies and procedures** for initiation, review and resolution of patient complaints, including the address and telephone number of where complaints may be filed

Additional Patient Rights

- Except in emergencies, the patient may be **transferred to another facility** only with a full explanation of the reason for transfer, provisions for continuing care and acceptance by the receiving institution
- To initiate their own contact with the **media**
- To get the **opinion of another physician**, including specialists, at the request and expense of the patient
- To wear appropriate personal clothing and **religious or other symbolic items**, as long as they do not interfere with diagnostic procedures or treatment
- To request a **transfer to another room** if another patient or a visitor in the room is unreasonably disturbing him/her
- To request pet visitation except where animals are specifically prohibited pursuant to the facility's policies (e.g., operating rooms, patient units where a patient is immunosuppressed or in isolation)

Patient Responsibilities

The care a patient receives depends partially on the patient him/herself. Therefore, in addition to the above rights, a patient has certain responsibilities. These should be presented to the patient in the spirit of mutual trust and respect.

- To provide accurate and complete information concerning his/her health status, medical history, hospitalizations, medications and other matters related to his/her health
- To report perceived risks in his/her care and unexpected changes in his/her condition to the responsible practitioner
- To report comprehension of a contemplated course of action and what is expected of the patient, and to ask questions when there is a lack of understanding
- To follow the plan of care established by his/her physician, including the instructions of nurses and other health professionals as they carry out the physician's orders
- To keep appointments or notifying the facility or physician when he/she is unable to do so
- To be responsible for his/her actions should he/she refuse treatment or not follow his/her physician's orders
- To assure that the financial obligations of his/her healthcare care are fulfilled as promptly as possible
- To follow facility policies, procedures, rules and regulations
- To be considerate of the rights of other patients and facility personnel
- To be respectful of his/her personal property and that of other persons in the facility
- To help staff to assess pain, request relief promptly, discuss relief options and expectations with caregivers, work with caregivers to develop a pain management plan, tell staff when pain is not relieved, and communicate worries regarding pain medication
- To inform the facility of a violation of patient rights or any safety concerns, including perceived risk in his/her care and unexpected changes in their condition

Visitation Rights

Sunrise Hospital and Medical Center recognizes the importance of family, spouses, partners, friends and other visitors in the care process of patients. We adopt and affirm as policy the following visitation rights of patients/clients who receive services from our facilities:

- To be informed of their visitation rights, including any clinical restriction or limitation of their visitation rights
- To designate visitors, including but not limited to a spouse, a domestic partner (including same sex), family members, and friends. These visitors will not be restricted or otherwise denied visitation privileges on the basis of age, race, color, national origin, religion, gender, gender identity, gender expression, sexual orientation or disability. All visitors will enjoy full and equal visitation privileges consistent with any clinically necessary or other reasonable restriction or limitation that facilities may need to place on such rights
- To receive visits from one's attorney, physician or clergy person at any reasonable time
- To speak privately with anyone he/she wishes (subject to hospital visiting regulations) unless a doctor does not think it is medically advised
- To refuse visitors
- Media representatives and photographers must contact the hospital spokesperson for access to the hospital

Post Discharge Services and Continuum of Care

At the time of discharge, your Sunrise social worker or discharge nurse will inform you of any future appointments and services made on your behalf.

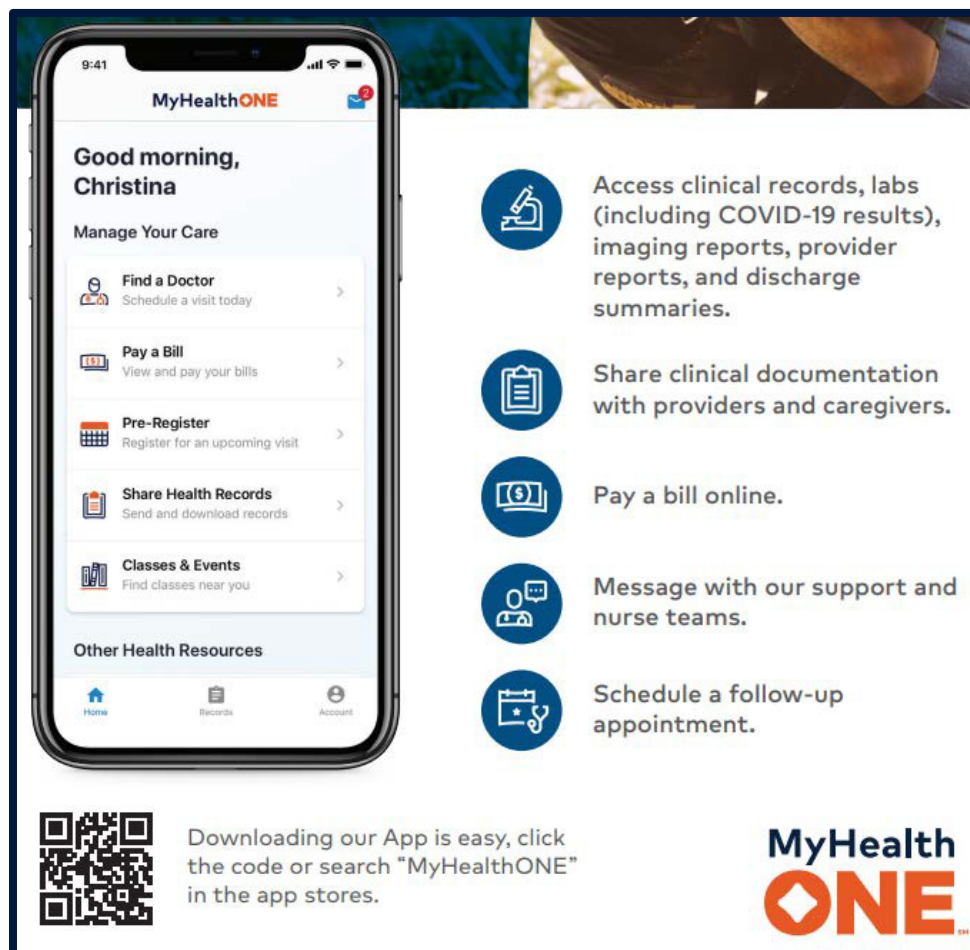
Post Discharge Follow Up

It is important for Sunrise to know how you are doing after your discharge and to learn how we can improve our services. You may be contacted by telephone and mail for patient satisfaction surveys. We appreciate your participation and time during this process and welcome your feedback!

My Discharge Questions:

Simplifying your healthcare begins with MyHealthONE, our secure online patient portal where you can manage your health and the health of your loved ones.

For registration or app support, please call MyHealthONE at (855) 422-6625.



The image displays the MyHealthONE mobile application interface on a smartphone. The screen shows a greeting "Good morning, Christina" and a "Manage Your Care" section with options: "Find a Doctor" (Schedule a visit today), "Pay a Bill" (View and pay your bills), "Pre-Register" (Register for an upcoming visit), "Share Health Records" (Send and download records), and "Classes & Events" (Find classes near you). Below this is an "Other Health Resources" section with icons for Home, Records, and Account. To the right of the phone, five circular icons with text describe app features: 1. Microscope icon: "Access clinical records, labs (including COVID-19 results), imaging reports, provider reports, and discharge summaries." 2. Clipboard icon: "Share clinical documentation with providers and caregivers." 3. Dollar sign icon: "Pay a bill online." 4. Speech bubble icon: "Message with our support and nurse teams." 5. Calendar icon: "Schedule a follow-up appointment." At the bottom left is a QR code with the text: "Downloading our App is easy, click the code or search 'MyHealthONE' in the app stores." The MyHealthONE logo is at the bottom right.

2023 SUNRISE HOSPITAL REHABILITATION SERVICES OUTCOMES

A 42-bed Acute Care Comprehensive Rehabilitation Program at Sunrise Hospital and Medical Center.

WHO ARE OUR PATIENTS?

981

Patients treated in 2023



397 Brain Injuries treated in 2019 (traumatic and non-traumatic)

151 General Rehab (includes debility, cardiac, and pulmonary)

163 Orthopedic (LE fracture, replacement, other fractures)



33 Spinal Cord Injuries (TSCI + NTSCI)

144 STROKES | 1 RHEUMATOID | 61 MULTI-TRAUMA | 15 AMPUTATIONS | 16 NEUROLOGIC (NEURO + GB)



93% of our patients rated their overall care in rehab as "Good" to "Very Good."



51% MALE



49% FEMALE

AVERAGE PATIENT AGE

71



78%

of patients returned home or to a home-like setting

4 average number of hours of therapy patients receive per day in 5 out of 7-day period

20

average number of hours of therapy patients receive per week

14

average number of days patients stayed in rehab

2023 STROKE OUTCOMES

WHO ARE OUR PATIENTS?

144

Patients treated in 2023



49% MALE



51% FEMALE

AVERAGE PATIENT AGE

69

71% of patients returned home or to a home-like setting

20 average number of hours of therapy patients receive per week

17

average number of days patients stayed in rehab

2023 PEDIATRIC OUTCOMES

WHO ARE OUR PATIENTS?

17

Patients treated in 2023

AVERAGE PATIENT AGE

12

15.5

average number of days patients stayed in rehab

82% of patients returned home or to a home-like setting

3 average number of hours of therapy patients receive per day in 5 out of 7-day period

7 average number of hours of therapy patients receive per week

Sunrise Rehab delivers superior care and excellent patient outcomes and has been recognized as an

HCA Unit of Distinction & Young Stroke Center of Excellence

HCA Healthcare places an emphasis on superior nursing care and celebrates the individual departments that are defining excellence in nursing and delivering excellent patient outcomes.

Over 3,000 nursing units among various specialty areas within the HCA organization participate in the HCA Unit of Distinction in the program.

The Sunrise Rehab unit received this award for exceeding measures such as displaying an exemplary culture and performance and consistency in best nursing practices.



As the incidence of stroke among young adults continues to rise, the need for dedicated centers of excellence becomes increasingly imperative. In 2024 Sunrise Hospital Rehab Unit is one of two rehabilitation units throughout HCA to receive the designation as a Center of Excellence for Young Stroke. This designation is earned through a demonstrated commitment to excellence in patient care, education, and research and Sunrise Rehab is at the forefront, constantly seeking new therapies, technologies, and approaches to improve outcomes and quality of life for patients.



“

I couldn't have asked for better care. I thank each and every one who took care of me, all shifts, you are a top-notch team.

Patient Thank You Card



In addition to our rehabilitation staff, Sunrise Hospital offers extensive resources, including emergency services, medical specialists, and advanced imaging services, should the need arise. With those services within the same property, we benefit from immediate access to highly specialized medical care not offered elsewhere.

Pediatric Rehab

In 2018, Sunrise Hospital opened the only Pediatric Rehabilitation unit to Southern Nevada. We are connected to Sunrise Children's Hospital and support the needs of patients age 0-17 through a continuum of care.

- In-patient Rehab with individualized PT, OT, ST treatment
- Family involvement and education
- Growth and development milestones to guide treatments
- Patient transition to next level of care, including Pediatric Outpatient Therapy Services



Level 2 Trauma Center

Sunrise Hospital is a growing Level 2 Trauma Center and opened a new tower in December 2019. This new tower holds a new Adult Emergency Room, which added 72 additional patient beds.

Comprehensive Burn & Reconstructive Center

- Serving adult and pediatric patients
- Network of interdisciplinary burn and wound care specialists
- Specialized with injuries to large-scale trauma
- Resources to respond and provide care immediately and around-the-clock.

Services at our center include burn and wound care treatment, reconstructive surgeries (including scar revision surgery and Mohs reconstruction), and the care for skin and soft tissue disorders.

We Strive to Provide You with the Best Care Possible

We'd love to hear your stories and recognize staff who are an example of our core mission: Above all else, we are committed to the care and improvement of human life. To nominate a Nurse, PCT, Therapist or other Patient Care Partner who went above and beyond expectations, please see a staff member.

The BEE Award

The BEE Award was designed by the DAISY Committee to recognize our patient care partners in a similar fashion that we recognize our nurses through the DAISY Award. A Patient Care Partner includes all of our non-nursing colleagues that support our nurses in caring for our patients like family.



The Daisy Award

The DAISY Award recognizes nurses for the extraordinary and compassionate work they do. This includes making a huge impact in the lives of so many patients.

The Petal Award was established for Patient Care Technicians to align with the DAISY Award for nursing staff. The DAISY PETAL Award celebrates extraordinary nursing support. **P**roactive, **E**mpathy, **T**eamwork, **A**ccepting and **L**aughter.



We show up
for our patients for our communities for each other

WORD SEARCH

BUFFET
 CASINO
 CHIPS
 DOWNTOWN
 ELVIS
 ENTERTAINMENT
 FREMONT STREET
 GAMBLING
 GOLDEN KNIGHTS
 HIGHROLLER
 HOOVER DAM
 LAS VEGAS STRIP
 MT CHARLESTON
 NASCAR
 NEON
 NIGHTLIFE
 POKER
 RAIDERS
 RED ROCK CANYON
 RESTAURANT
 SHOPPING
 SLOT MACHINE
 SPORTS BET
 VALLEY OF FIRE
 WEDDING CHAPEL

BONUS WORDS:

SPHERE
 MONORAIL
 DESERT

C	A	S	I	N	O	A	X	L	S	G	E	L	V	I	S	C	Z
M	Y	T	C	I	K	C	C	M	C	W	K	X	Q	B	K	K	S
N	H	L	A	S	V	E	G	A	S	S	T	R	I	P	I	A	I
H	I	H	R	Q	A	V	E	H	Q	C	N	T	W	Z	I	B	G
G	L	T	Z	V	S	H	O	P	P	I	N	G	P	I	K	U	G
A	F	S	H	S	R	C	T	M	O	B	V	K	S	L	L	F	P
M	H	N	N	G	Z	D	K	S	K	W	H	M	E	S	Y	F	O
B	C	E	Z	Q	D	E	I	W	E	W	L	T	A	H	W	E	R
L	A	O	S	N	A	D	F	L	R	C	O	C	I	K	X	T	V
I	B	N	Y	D	A	E	M	Z	B	E	P	H	K	D	T	Y	M
N	W	K	O	Y	A	S	Y	T	F	Y	M	A	N	B	F	Y	O
G	U	H	A	N	U	E	C	F	I	U	M	R	T	S	Q	L	U
K	I	Y	P	Q	F	R	T	A	M	A	L	L	O	P	T	I	L
N	M	H	U	P	K	T	N	P	R	J	Q	E	J	O	F	L	G
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S	N	E	I	H	K	K	I	C	O	S	B	T	Z	T	K	R	L
L	N	O	O	Y	S	K	Y	J	A	J	N	O	I	S	O	B	D
R	E	D	R	O	C	K	C	A	N	Y	O	N	F	B	D	K	E
J	U	L	U	N	J	W	C	H	E	N	X	A	C	E	A	Y	N
Z	D	E	N	T	E	R	T	A	I	N	M	E	N	T	B	V	K
F	A	Z	Y	S	C	A	O	T	R	W	E	C	R	P	H	V	N
K	R	U	Z	I	Z	I	J	R	D	U	F	B	T	A	L	Q	I
D	E	Y	I	P	J	D	S	J	V	O	A	C	B	U	V	C	G
T	S	B	Z	K	S	E	T	V	D	Z	W	V	Z	Y	B	D	H
Q	T	H	Q	P	Z	R	S	N	D	K	E	N	O	I	E	L	T
Q	A	I	H	Y	I	S	C	V	Q	Z	D	E	T	I	K	I	S
M	U	E	H	Z	F	V	S	T	O	D	Z	F	I	O	I	E	Y
F	R	E	M	O	N	T	S	T	R	E	E	T	K	U	W	M	W
E	A	H	K	Z	I	L	Z	C	Y	S	F	N	S	T	E	N	O
I	N	L	O	W	G	X	M	R	U	U	X	E	A	B	L	M	Q
A	T	D	U	G	H	N	R	H	I	G	H	R	O	L	L	E	R
O	K	B	R	V	T	K	T	M	G	Y	S	B	N	O	I	K	C
P	S	A	A	E	L	B	Y	A	X	Q	B	Z	T	U	A	B	U
A	W	E	D	D	I	N	G	C	H	A	P	E	L	G	R	V	T
W	D	D	X	R	F	Z	Y	I	E	H	N	C	Z	P	O	Z	C
R	K	M	D	J	E	M	Y	G	R	W	W	C	Q	B	N	K	F
R	P	P	D	E	D	A	K	G	O	Q	S	H	H	X	O	I	A
S	L	O	T	M	A	C	H	I	N	E	R	Y	E	I	M	U	D
H	I	F	T	A	I	D	D	R	T	U	A	D	D	S	P	Z	L
O	V	A	L	L	E	Y	O	F	F	I	R	E	Y	Q	T	S	O

Channel Guide

3 NBC	23 Nickelodeon	42 Food Network	62 Galavisión
4 Clark County Television	24 FX	43 History	63 ION
5 FOX	25 Discovery Channel	44 The Weather Channel	64 UniMás
6 CW	26 Lifetime	45 Syfy	65 Newborn Spanish
7 TBS	27 BET	46 Cartoon Network	66 Spectrum Sportsnet
8 CBS	28 Disney Channel	47 Travel Channel	67 OWN
9 Telemundo	29 Paramount Network	48 Metro48 Las Vegas	68 National Geographic
10 PBS	30 ESPN	49 Bally Sports West	69 MoviePlex
11 QVC	31 ESPN2	50 Bally Sports SoCal	70 Starz Encore Español
12 My LVTV	32 A&E	52 AMC	89 Visión Latina
13 ABC	33 TLC	53 Bravo	90 COMET TV
15 Univision	34 USA	54 truTV	91 TBD TV
16 HSN	35 CNBC	55 HGTV	92 ShopHQ
17 FOX Weather	36 E!	56 Comedy Central	93 Jewelry TV
18 TNT	37 MTV	57 CMT	94 Fox Business
19 msnbc	38 Vegas 34	58 Animal Planet	95 FXX
20 CNN	39 VH1	59 Freeform	96 Newsmax
21 Fox News	40 TCM	60 NewsNation	100 QVC3
22 HLN	41 TV Land	61 QVC2	104 Investigation Discovery

Channel Guide

108 HSN 2	126 Ion Mystery	308 LMN	374 Great American Family
109 Nick Jr.	127 Antenna TV	310 Hallmark Movies & Mysteries	375 Impact Network
112 PBS Create	128 Get TV	319 Fox Sports 2	376 Daystar
113 PBS Kids	129 MeTV	329 Fox Sports 1	379 YurView Las Vegas Extra
114 PBS Worldview	144 Circle (Start TV)	339 Golf Channel	380 Jewish Life TV
115 Estrella TV	176 Aspire	342 WE tv	685 MTV Live
116 Grit TV	178 theGrio	344 GSN	687 MotorTrend
117 POP	179 Justice Central	346 Hallmark Channel	904 Music 60's
118 Rewind TV	180 Recipe TV	348 Magnolia West	911 Music Gospel
119 LaTV	181 Comedy.TV	349 EWTN	920 Music Love Songs
120 Heroes & Icons	182 Bounce TV	350 TBN	928 Music 80's
121 Charge!	192 C-SPAN	351 INSP	929 Music 70's
122 TelExitos	193 C-SPAN2	352 BYUtv	934 Music Classic Country
123 CoziTV	194 C-SPAN3	355 Universal Kids	945 Music Jazz
124 This TV	306 IFC	365 Oxygen	941 Music Sounds of Seasons
125 Silver State Sports & Entertainment	307 Sundance	369 Hallmark Family	*More music channels 901 to 950

Notes:

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.



Thank you for choosing Sunrise Rehab!

It is our pleasure to take care of you and we wish you a successful and continued road to good health.

♥ Sunrise Rehab staff

Nursing

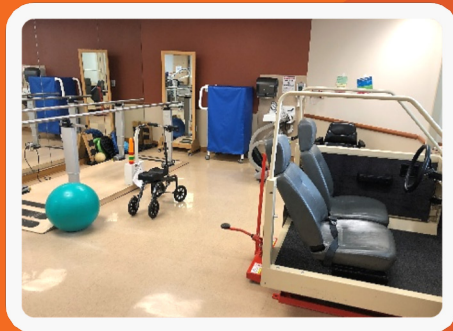
Commitment



Dedication



Therapy



CARING

Teamwork

Knowledge

