

## Breakfast daily specials

### Sunday

Cheddar cheese eggs, hashbrown patty, warm blueberry muffin

### Monday

French toast with syrup, scrambled eggs, fresh fruit

### Tuesday

Cheese omelet, homestyle potatoes, cinnamon coffee cake

### Wednesday

Pancakes with syrup, scrambled eggs, warm cinnamon apples

### Thursday

Breakfast bowl with scrambled eggs, peppers, onions and cheese, homestyle potatoes, blueberry muffin

### Friday

Turkey sausage, egg and cheese breakfast sandwich, baked tater tots and fresh fruit

### Saturday

Scrambled eggs, apple cinnamon coffee cake and homestyle potatoes

**Coffee and orange juice served with breakfast**

## Other breakfast options

- Scrambled eggs
- Hard boiled eggs
- Bacon or sausage
- Turkey sausage
- Omelets to order
- Hot or cold cereal
- Breakfast quesadilla
- Fruit and yogurt
- Homestyle potatoes
- Assorted bread & bagels
- Biscuit and gravy

## Cafeteria hours

Breakfast 7:30 a.m. to 10:30 a.m.

Lunch 11:15 a.m. to 3 p.m.

*Vending Machines are located in the back of the cafeteria 24/7 for your convenience.*

**We value your thoughts. Please let us know how we are doing. Scan the QR code if you have any questions or feedback you would like to share.**

**Gluten free, plant-based and vegetarian menus available by request**

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# Menu

Meal service hours are 6:00 a.m. to 7:00 p.m. This is our standard menu, but it can be modified to reflect the diet prescribed by your physician. Enjoy the “Daily Special”, or please call the number below to personalize your meal selection.

IF YOU WOULD LIKE TO CUSTOMIZE YOUR ORDER PLEASE CALL:

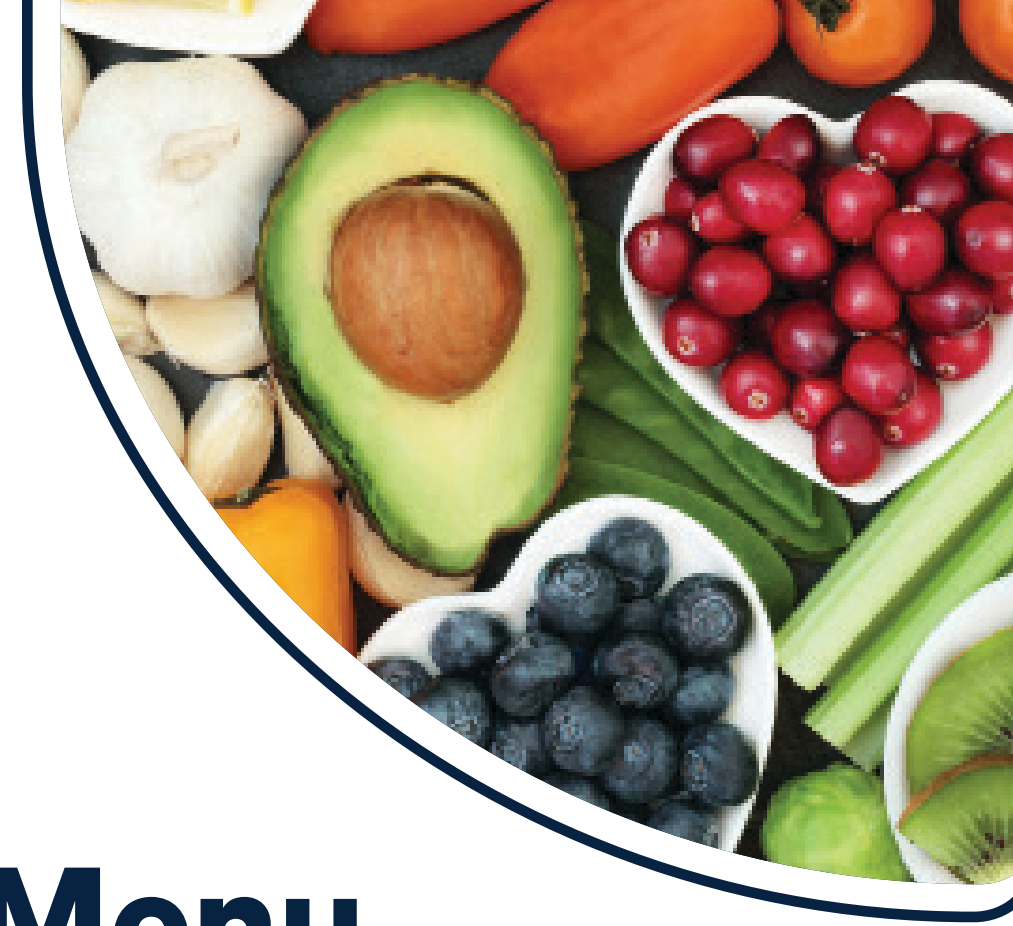
**Bedside phone: \*26835 ( Be sure to hit \* first )**  
**Cellular phone: 727.533.2631**

### Order by times

Breakfast: 8 p.m. the night before  
Lunch: 10 a.m.  
Dinner: 3 p.m.



Hospitality Services



## Lunch daily specials

### Sunday:

Grilled chicken with light alfredo sauce over penne, steamed broccoli, garlic breadstick and fresh fruit

### Monday:

Beef pepper steak over white rice and vegetable blend and a dinner roll

### Tuesday:

Classic beef burger with lettuce, tomato and onion baked chips and homemade coleslaw

### Wednesday:

Mesquite pulled chicken sandwich served on an onion roll with potato wedges and a broccoli salad

### Thursday:

Mac and cheese with baked chicken tenders, steamed broccoli and fresh fruit

### Friday:

Southwest pulled pork over rice with black beans and corn. Served with a side of salsa and plantain chips

### Saturday:

Chicken salad with fresh fruit and vegetables, naan bread and tomato soup

**Water served with lunch and dinner, unless you request a different beverage of your choice.**

**Daily menu options are only available on the day listed. If no selection is made, you will receive the daily special. Craving something else? We are here to help! Call us at 727.533.2631 to customize your order.**

## Dinner daily specials

### Sunday

Pot roast in natural jus, with redskin potatoes, carrots and homemade apple pear bread pudding

### Monday

Herbed roasted pork tenderloin with crispy Brussels sprouts and maple-cinnamon sweet potatoes with carrot cake

### Tuesday

Sweet n' sour chicken, basmati rice, Asian-style vegetables with chocolate cake

### Wednesday

Meatloaf with caramelized onion gravy, mushroom roasted green beans and carrots, mashed potatoes, with peach cobbler

### Thursday

Roast turkey with gravy, cranberry sauce, bread stuffing, green beans and homemade apple crisp

### Friday

Chicken marsala with grilled asparagus and pasta, with a brownie

### Saturday

Salisbury steak with garlic mashed potatoes, glazed carrots and fresh baked chocolate chip cookie

## Other menu options

**Choose from below to sub any of the daily specials or to change your meal.**

### **Chef's signature dish - Shrimp paella**

Sauteed shrimp served over yellow rice with roasted pepper and peas

### **Home-style classics:**

Choice of meatloaf, baked chicken, roast turkey, pot roast, spaghetti marinara with or without meat sauce.

### **Seafood Selections:**

Baked Salmon, Tilapia or Shrimp

### **From the grill:**

Hamburger, cheeseburger, grilled chicken, grilled cheese, grilled ham and cheese, quesadilla (cheese, chicken or veggie), cuban sandwich, pizza (cheese, pepperoni or veggie)

### **Sides:**

Mashed potatoes, baked potato, sweet potato, french fries, pasta, rice, mac and cheese, broccoli, carrots, corn, green beans, side salad, dinner roll

### **Soups:**

Chicken noodle, cream of mushroom, tomato, or vegetable

### **Deli sandwich or wrap:**

Ham, roast beef, turkey, egg salad, tuna salad, chicken salad, peanut butter and jelly

### **Salads:**

Classic Caesar, chef or garden, fresh fruit plate with cottage cheese or yogurt

### **Desserts:**

Cheesecake, carrot cake, chocolate cake, brownie, cookies, fresh fruit, pudding, ice cream, gelatin

