

Everyday Available Options

You can choose from these items to substitute the Daily Special, as allowed per your diet.

Breakfast

Customize breakfast with your favorites.

- Cheese Omelet

Scrambled Eggs

Scrambled Eggs with Cheese

Boiled Eggs

Bacon

Sausage- Pork or Turkey

Buttermilk Pancakes

Classic French Toast

Hashbrown
- Hearty Oatmeal

Cream of Wheat

English Muffin

Bagel

Blueberry Muffin

Cheerios®

Raisin Bran®

Rice Krispies®

Cottage Cheese

Lunch & dinner

Soups

- Chicken Noodle

Tomato Soup

Vegetable Soup

Cream of Chicken
- Chicken Broth

Beef Broth

Vegetable Broth

Hot Entrees

- Grilled Chicken

Grilled Salmon (Regular or Firecracker)

Chicken Tenders (Crispy or Grilled)

Cheese or Pepperoni Pizza

Firecracker Tofu

Chicken Fajitas

From the Grill

- Grilled Chicken Sandwich

Hamburger

Cheeseburger

Veggie Burger

Chicken Quesadilla

From the Deli

- Deli Sandwich - Ham or Turkey

Chicken Salad - Plate or Sandwich

Tuna Salad - Plate or Sandwich

Egg Salad- Plate or Sandwich

Chicken Caesar Salad

Chef’s Salad

Peanut Butter & Jelly

Savory sides

- Mac & Cheese

Dinner Rolls

Mash Potatoes

Rice

Brown Rice

Potato Chips

French Fries

Green Beans

Glazed Carrots

Cold sides

- Banana

Orange

Fresh Fruit Cup

Applesauce

Peaches

Pears

Apple Slices

Grapes

Cottage Cheese & Fruit Plate

Blueberry Greek Yogurt

Vanilla Greek Yogurt

Strawberry Yogurt

Beverages

- Coffee

Decaf Coffee

Hot Tea

Decaf Hot Tea

Herbal Tea

Iced Tea

Hot Cocoa

Whole Milk
- Skim Milk

Lowfat Milk, 1%

Chocolate Milk

Vanilla Soy Milk

Lactose Free Milk

Vanilla Almond Milk

Pepsi

Diet Pepsi
- Gingerale

Starry

Starry Zero

Apple Juice

Orange Juice

Cranberry Juice

Desserts

- Vanilla Pudding (Reg - NSA)

Chocolate Pudding (Reg - NSA)

Orange Gelatin (Reg - SF)

Strawberry Gelatin (Reg - SF)

Orange Sherbet

Rainbow Sherbet
- Lemon Italian Ice

Sugar Cookie

Chocolate Chip Cookies

Lorna Doone Cookies

Oatmeal Raisin Cookies

Brownie

KEY: Reg- Regular | NSA - No Sugar Added | LF- Lowfat | SF- Sugar Free

Physician prescribed diets

While you are in the hospital, your doctor may prescribe a therapeutic diet to help treat your medical condition. The following is a brief explanation of some of these diets.

Heart healthy/ Cardiac diet

Limits salt and saturated fat.

Consistent carbohydrate diet

Starches and sugar are provided in controlled amounts for each meal. Foods high in sugar are avoided.

Renal diet

Options with lower sodium, potassium and phosphorous, and extra monitoring of hydration and protein.

Puree, Minced, or Bite Size Diets

Ordered if you have difficulty chewing or swallowing and may include thickened liquids.

Clear liquid and Full liquid diets:

Used primarily for certain tests, after surgery or when solid food is not tolerated.



Patient Dining Menu



Meals are served daily between the hours of:
Breakfast: 6:00 am - 9:30 am
Lunch: 10:00 am - 2:00 pm
Dinner: 4:00 pm - 7:30 pm

Patient Dining Services
Phone: 951-788-3663
EXT: *83663

Daily Specials

We offer daily menus of Chef-Crafted Featured Meals. Choose from a traditional hot & savory meal or from our **Everyday Available** menu selection.

Breakfast

Served with hot coffee and orange juice.

Sunday

Good Start Breakfast

Scrambled Eggs | Turkey Breakfast Sausage | Hearty Oatmeal
Crispy Potatoes | Fresh Orange

Monday

French Toast with Jammy Strawberry Topping

Scrambled Eggs | Hearty Oatmeal | Syrup

Tuesday

Buttermilk Pancakes Topped with Baked Apples

Crispy Bacon | Hearty Oatmeal | Syrup

Wednesday

Western-Style Egg Scramble

Savory Sausage | Hash Browns | Oatmeal | Applesauce

Thursday

French Toast with Jammy Strawberry Topping

Scrambled Eggs | Hearty Oatmeal | Syrup

Friday

Good Start Breakfast

Scrambled Eggs | Turkey Breakfast Sausage | Hearty Oatmeal
Crispy Potatoes | Applesauce

Saturday

Buttermilk Pancakes Topped with Baked Apples

Crispy Bacon | Hearty Oatmeal | Syrup

Lunch

Sunday

Tuscan Beef Ragu over Tender Penne

Italian Vegetables | Diced Pears | Double-Berry Crisp

Monday

Crispy Chicken Sandwich on Artisan Bun

Seasoned Potato Wedges | Green Beans | Banana |
Fresh-Baked Apple Crisp

Tuesday

Herb-Crusted Roasted Salmon

Lemon-Parsley Couscous | Marinated Cucumber Salad |
Dill Carrots | Mandarin Oranges | Chocolate Chunk Cookie

Wednesday

Slow Braised Beef Burgundy over Egg Noodles

Tender Broccoli | Fresh Fruit Cup | Oatmeal Raisin Cookie

Thursday

Herb Marinated Roasted Chicken & Savory Gravy

Zucchini & Squash Medley | Brown Rice | Banana
Triple Chocolate Brownie

Friday

Fire-Braised Pulled Pork Sandwich

Seasoned Potato Wedges | Marinated Cucumber Salad |
Orange Slices | Fresh Baked Apple Crisp

Saturday

Grilled Chicken Teryaki

Steamed Rice | California Vegetable Blend | Diced Peaches |
Chocolate Chunk Cookie

Dinner

Sunday

Barbecued Grilled Chicken

Macaroni & Cheese | Capri Vegetables | Tossed Salad |
Strawberry Trifle

Monday

Fire Braised Pork Carnitas with Spanish Rice

Seasoned Black Beans | Zucchini & Squash Medley |
Flour Tortilla | Triple Chocolate Brownie

Tuesday

Slow Cooked Pot Roast & Mashed Potatoes

Steamed Peas & Cauliflower | Salad | Dinner Roll |
Chocolate Parfait

Wednesday

Grilled Chicken with Roasted Tomato Marsala

Roasted Rosemary Red Potatoes | Glazed Carrots |
Dinner Roll | Double-Berry Crisp

Thursday

Slow Roasted Turkey & Gravy

Mashed Sweet Potatoes | Seasoned Green Beans | Salad |
Dinner Roll | Angel Food Cake with Blueberry Compote

Friday

Maple-Dijon Roasted Salmon

Rice Pilaf | Broccoli | Dinner Roll | NY-Style Cheesecake

Saturday

Home-Style Meatloaf & Gravy

Whipped Potatoes | Steamed Peas & Cauliflower | Salad |
Dinner Roll | Chocolate Parfait

More about our Patient Menu

Our team of Chefs & Registered Dietitians have handcrafted an assortment of featured meals to prepare for you during your stay. As part of your diet, the menu selections are focused on providing delicious and nutritious selections, balanced to meet your needs.

Your Physician may request to place you on a therapeutic diet during your treatment, which may differ in part or whole from the specials listed above. If you have any questions, please ask any member of our Nutrition or Nursing teams.