

THE FRIST CLINIC

Dr. Thomas Lewis
Dr. Ira Stein

Dr. Saeed Fakhruddin
Dr. Jonathan Schneider

ERCP INSTRUCTIONS

Go to **2300 Patterson St. Nashville TN 37203** and check in with patient registration. Please call 615-342-6081 Monday - Thursday between the hours of 8:00am - 4:30pm Friday 8:00am – 12:00pm if you need to reschedule your appointment. This courtesy will release the time for another patient. If you have an urgent need to reach the on-call provider outside of these hours please call 615-342-6010.

AFTERNOON BEFORE PROCEDURE:

- Eat a regular diet.
- Nothing to eat or drink after midnight the night before procedure.

MORNING OF PROCEDURE:

- Nothing to eat or drink.
- **You may take your morning blood pressure and heart medications with just a sip of water.**
- **You will need a driver 18 years or older to take you home.** You will NOT be allowed to drive or work the day of your test. Your driver must be here 1 ½ hours after your scheduled procedure time. If you use Lyft or Uber you must have someone with you. The hospital will not release you to Uber or Lyft if you are alone.
- Bring a list of medications with dosages, your health insurance information, and photo ID.
- Please inform our office prior to your procedure if you have a latex allergy.
- **If you have had a heart stent placed in the last year, please contact your PCP or cardiologist to get clearance on discontinuing your blood thinner prior to the procedure. Please contact our office after speaking with your PCP or cardiologist.**
- **If you have not had a heart stent placed in the last year, but take a blood thinning medication please read this carefully: If you take Eliquis, Xarelto, or Pradaxa do not take these meds for 48 hours prior to your test. If you take Coumadin, Effient, Plavix, or Brilinta do not take these medications for 5 days before your test. Do not take ibuprofen, aleve, or other arthritis medication for 5 days prior to your test.**
- You may continue your Aspirin.
- Tylenol is ok if you need to take a pain reliever.
- **You may take your morning blood pressure and heart medications with just a sip of water**
- If you take an evening dose of insulin, take only one half of your regular dose. Hold your insulin the morning of the procedure until after your procedure. **If you are taking the following medications, do not take these meds for 7 days prior: Bydureon, Byetta, Mounjaro, Ozempic, Rybelsus, Saxenda, Trulicity, Victoza, Wegovy, Soliqua or Xultophy. If you are taking the medications listed for diabetes, please contact the prescribing physician for clearance.**
- **Do not wear cologne, perfume or scented lotion.**

TriStar Centennial Medical Center Campus
2300 Patterson Street
Nashville, TN 37203

Directions: Take I-40 to downtown Nashville and exit at Charlotte Pike West (away from downtown). Go past Red Cross on the left. Next street is 23rd Ave., turn Left onto 23rd Ave. Go one block and beneath the second crosswalk is the entrance to the hospital on the right. Park in the underground garage and take the elevators to the 1st floor. Sign in at Patient Registration next to the gazebo. There is free valet parking to the left as you enter into the parking garage.

Updated 10/19/23